

CMSA Outdoor Program Overview

| C W S C

Outdoor
2022





Welcome to Outdoor 2022! We are so excited to bring not only a new Coaching Team but also to introduce a brand new Academy Based Curriculum based around the integral pillars of the beautiful game. This curriculum is designed to bring a cohesive brand of soccer that will give our players the best chances to develop both on and off the field.

Our long term vision builds the most successful pathway for our players while preparing them for opportunities beyond our sport. We are committed to putting players first as they are the future.

Soccer For All, Soccer For Life

www.calgarywestsoccer.com



Technical Vision

At Calgary West Soccer Club (CWSC), we have a player first mentality. We are committed to creating an environment that encourages all players to grow and develop. Our Coaching staff is dedicated to ensuring every player at every tier receives the training and attention they deserve to reach maximum development.

We have programs from Play & Train/Grassroots, Competitive, Recreational, and Alberta Youth Soccer League (AYSL) which means there is an environment for every athlete.

Our Academy Based Curriculum is structured around the four pillars of soccer: *Attacking Organization, Attacking Transitions, Defensive Organization, and Defensive Transitions*. At CWSC, we believe that having a structured and detailed understanding of the game is important to prepare players for their future, whether it is collegiate, pro, senior competitive, senior recreational or soccer for life. No matter the path, CWSC is here to help the athlete prepare.

CWSC's technical vision is to ensure players are given the proper tools to play the game at the level of their choice. At the Grassroots and Foundational ages, we focus on physical literacy incorporated with ball mastery skills. Transitioning into the Developmental age groups, we build on those skills by adding additional small sided games. This phased approach enables the athlete to expand their soccer IQ while continuously developing physical literacy and ball mastery.

In our Generation Program we focus on preparing our athletes to compete at the next level. We are proud to be directly affiliated with the SAIT Men's and Women's soccer programs. This affiliation provides our athletes an edge in understanding what that environment consists of, and how to prepare. In this environment, we look to push the athletes and stretch them outside their comfort zones to give them an upper hand.

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Program Information

Outdoor Season Highlights

- Grassroots League (U7-U9) returns as a spring program from April 25 - June 25, 2022
- ****NEW**** this season is the CMSA Cup Competition. League play will not be a determining factor to qualify for ASA provincials for the U13-U17 age groups. Teams along with the Technical Director will discuss whether they would like to be a part of this optional competition. Details can be found on the [CMSA website](#)
- ****NEW**** this season is that the CMSA U10-U17 Development division and Tiers 1/2 will have extended league play. There will be a summer break but the league will then resume Aug 22 - Sept 25, 2022. Here are the following dates:
 - Pre Season: April 23 - May 19, 2022
 - Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
 - Summer Break: July 29 - Aug 21, 2022
- CMSA U10-U17 Recreational division and Tiers 3/4 will have the following league dates, they do not continue through to what was formally the fall season/fall cup:
 - Pre Season: April 23 - May 19, 2022
 - Regular Season: May 23 - July 28
- All teams will be assigned club coaches, and will be under the supervision of an Age Group Academy Director



National Youth Club Licence

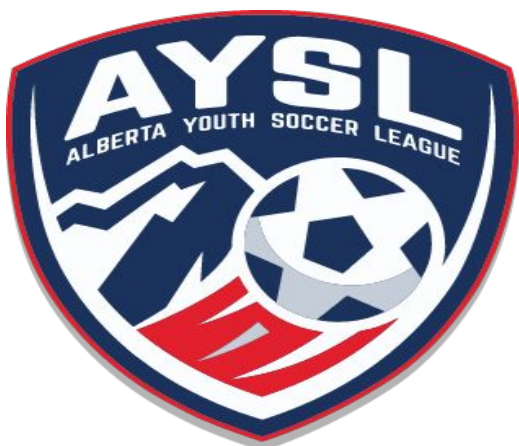
In September 2020, after a rigorous review process, Canada Soccer announced that Calgary West Soccer Club was granted the National Youth Club Licence (NYCL), the highest amateur youth club designation in the Canada Soccer Club Licensing Program.

Canada Soccer introduced the National Youth Club License which recognizes the highest achieving organizations from across Canada and rewards them with the Canada Soccer Approved Youth Soccer Club endorsement. Organizations achieving this license display characteristics and behaviours aligned with the highest standards of governance, administration, infrastructure, technical support, Canada Soccer Pathways and participate in the highest level of competition in Canada.

The rollout for the AYSL 2008 groups will begin April 2022 with a Combine on February 19th, 2022 in Calgary. Watch for a communication and registration information from CMSA.

Players will begin by registering for the CMSA program, and when placed on an AYSL roster there will be additional fees due to cover the extra league fees for the program, as well as the Sports Science portion of the program.

We are excited about the opportunities this will provide for both players and club. We are committed to upholding the strict standards competency required to be a member of the Standards Based League!





Registration

The posted early bird registration fees are in effect Feb 5, 2022 - Feb 20, 2022. Late fees take effect on February 21, 2021, where all advertised prices will increase by \$25. Registration closes March 11, 2022

REGISTRATION FEES MUST BE PAID IN FULL TO ATTEND PLAYER EVALUATIONS

Please note: CMSA players who have not paid their fees (registration/academy) will be deregistered with CMSA by June 1, 2022 for Outdoor 2022.

Credit card or cheque:

Credit card payments will be charged a 2.75% surcharge. Cheques are accepted. NSF cheques will have a charge of \$25

CWSC Membership: required once per season per family in order to register at a cost of \$25

CMSA League Structure

Please note that we register teams in to the CMSA League. CMSA is the governing body for the city league. CMSA administers all league structures, game schedules and rules of play.

For the CMSA League Structures/Calendar for the Outdoor 2022 Season including game days please [see the CMSA website under the LEAGUE tab.](#)

To Register, please click [here](#).

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Evaluations

Evaluation Process - Player Placement

Having had the previous season to work closely with players and coaches, we are excited for the upcoming outdoor season! We are confident in our ability to correctly place players into teams that will best suit their development.

In our evaluation process, players will be given a 75 minute session with all players in their respective age group. Players will start with a small technical session which allows them to demonstrate their technique and personal player habits. The session will evolve into a 5v5, 6v6, 7v7, 8v8, 9v9, or 11v11 (numbers pending) format where they will then have the opportunity to showcase their ability within a game environment.

Our dedicated and experienced staff will be on hand to select players into teams we believe will provide their best opportunity to develop.

“To Do” list to attend Evaluations:

1. Register - Players must be registered for the outdoor season. This will provide the Technical Director with information about the number of players in all age groups.
2. The Technical Director, along with Age Group Directors will make the final decision on player placement based on:

Returning Players

- Previous participation in a team from last CMSA season
- Information from the team Coaches (if applicable)
- Conversation with other Age Group Directors, who have worked with a player in the past

New Players

- Information about their last CMSA season participation (age group and Tier level)
- Conditions of our teams and their needs



Equipment

Equipment/Uniform Requirements

Players in the **U7/U8/U9** age groups will be provided with a Shane Homes supplied Kit (jersey/shorts/socks)

Players in **U10 to U17** will be provided with a CWSC training shirt and game socks. Jerseys will be on loan for the season for each team. Game shorts will be available for sale at KICKS Sporting goods.

Shin-guards, and appropriate footwear are required for all ages.

All additional Club wear is available for purchase year-round from KICKS Sporting Goods

4625 Varsity Dr NW, Calgary, AB T3A 1V7

<https://www.kickssports.ca/searchResults/categoryid/130>



U7/U8/U9 (2013-2015)

Foundational Phase

CMSA Season:

April 25 to June 25, 2022

Training Sessions:

April 25 to June 25, 2022

- 2 x Week (1h) on Tuesdays and Thursdays (6-7pm)
- U7/U8 rosters of max 6 for games
- U9 rosters of max 8 for games

Game Format:

- Spring Grassroots Festivals on the following Saturdays: May 7, 14, 28, June 4, 11, 18
- Quadrant based (NW)

Post Season Play:

- U7-U9 Wrap up Festival June 25, 2022

Outdoor Season Fee: \$450



U10 (2012)

Foundational Phase

Developmental Program :

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break: July 29 - Aug 21, 2022
 - 2 x week training sessions (team coach led)
 - 14 academy sessions (tech coach led)
 - Historically Saturday and/or Tuesday games
 - Community supplied field (7v7 format)

Recreational Program:

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28, 2022
 - 2 x week training sessions (team coach led)
 - Historically Sunday and/or Wednesday games
 - Community supplied fields (7v7 format)

Post Season Play:

- U10 Opt in Grassroots Festival July 23 & 24th, 2022

Outdoor Season Base Fee is \$450 with an additional \$250 if placed in Developmental Program



U11 (2011)

Foundational Phase

Developmental Program:

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break: July 29 - Aug 21, 2022
 - 2 x week training sessions (team coach led)
 - 14 academy sessions (tech coach led)
 - Games can be played on Sunday and/or Thursdays
 - Community supplied fields (7v7 format)

Recreational Program:

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28, 2022
 - 2 x week training sessions (team coach led)
 - Historically Sunday and/or Wednesday games
 - CMSA supplied field city wide

Post Season Play:

- U11 Opt in Wrap up Festival July 23 & 24th, 2022

Outdoor Season Base Fee is \$600 with an additional \$350 if placed in Developmental Program



U12 (2010)

Foundational Phase

CMSA Tier 1 Program:

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break: July 29 - Aug 21, 2022
 - 2 x week training sessions (team coach led)
 - 14 academy sessions (tech coach led)
 - Games can be played on Saturday and/or Monday
 - Community supplied fields city wide (9v9)

CMSA Tier 2 Program:

- Pre Season: April 23 - May 19, 2022
- Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break: July 29 - Aug 21, 2022
 - 2 x week training sessions (team coach led)
 - Games can be played on Sunday and/or Wednesday
 - Community supplied field city wide (9v9)

Post Season Play:

- Top 4 teams will advance to Final Four Competition
September 26 - 29, 2022

Outdoor Season Base Fee is \$650 with an additional \$350 if placed in Tier 1



U13 (2009)

Developmental Phase

CMSA Tier 1-3 Program:

- Pre Season: April 23 - May 19, 2022
- Tier 1/2 Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break Tier 1/2: July 29 - Aug 21, 2022
- Tier 3 Regular Season: May 23 - July 28
 - Tier 1-3: 2 x week training sessions (team coach led)
 - Tier 1 - 14 academy sessions (tech coach led)
 - Games can be played any day of the week
 - CMSA/Community supplied fields city wide
 - 9v9 game format U13

Post Season Play: (qualify through cup competition)

- Provincials Tier 1: Aug 25 - Aug 28, 2022
- Provincials Tier 2 and 3: Aug 12 - Aug 14, 2022

Outdoor Season Base Fee is \$750 with additional fees of \$350 for Tier 1.



U15 (2007-2008)

Developmental Phase

CMSA Tier 1-3 Program:

- Pre Season: April 23 - May 19, 2022
- Tier 1/2 Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break Tier 1/2: July 29 - Aug 21, 2022
- Tier 3 Regular Season: May 23 - July 28
 - Tier 1-3: 2 x week training sessions (team coach led)
 - Tier 1 - 14 academy sessions (tech coach led)
 - Games can be played any day of the week
 - CMSA/Community supplied fields city wide
 - 9v9 game format U14, 11v11 game format U15

Post Season Play: (qualify through cup competition)

- Provincials Tier 1: Aug 25 - Aug 28, 2022
- Provincials Tier 2 and 3: Aug 12 - Aug 14, 2022

AYSL League Program:

- 2 x week training sessions (team coach led)
- 1 x week academy sessions (tech coach led)
- 1 x week strength and conditioning
- AYSL league details to be provided to those participating on a 2007 or 2008 born team

Outdoor Season Base Fee is \$850 with additional fees of \$450 for Tier 1. AYSL participants will have additional AYSL fees communicated to them above the Tier 1 fees.



U17 (2005-2006)

Generational Phase

CMSA Tier 1-3 Program:

- Pre Season: April 23 - May 19, 2022
- Tier 1/2 Regular Season: May 23 - July 28 + Aug 22 - Sept 25, 2022
- Summer Break Tier 1/2: July 29 - Aug 21, 2022
- Tier 3 Regular Season: May 23 - July 28, 2022
 - 2x week training sessions (team coach led)
 - Tier 1 - 14 academy sessions (tech coach led)
 - Games can be played any day of the week
 - CMSA supplied field city wide
 - 11v11 game format U17

Post Season Play: (qualify through cup competition)

- Provincials Tier 1: Aug 25 - Aug 28, 2022
- Provincials Tier 2 and 3: Aug 12 - Aug 14, 2022

AYSL League Program:

- 2 x week training sessions (team coach led)
- 1 x week academy sessions (tech coach led)
- 1 x week strength and conditioning
- AYSL league details to be provided to those participating on a 2006 born team

Outdoor Season Base Fee is \$850 with additional fees of \$450 for Tier 1. AYSL participants will have additional AYSL fees communicated to them above the Tier 1 fees.

www.calgarywestsoccer.com



Register

To Register, please click [here](#).



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