



**CMSA OUTDOOR 2024
PROGRAM OVERVIEW**



TABLE OF CONTENTS

3	Welcome Letter	11	U9 Program Born 2015
4	CWFC Technical Vision	12	U10 Program Born 2014
5	Program Registration	14	U11 Program Born 2013
6	Evaluations	16	U12 Program Born 2012
7	Uniform Requirements	18	U13 Program Born 2011
8	CMSA Program Guide	20	U14-U19 Program Born
9	U7 Program Born 2017		
10	U8 Program Born 2016		



Calgary West Football Club

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Welcome To CWFC

CWFC introduces a new Academy Based Curriculum based around the integral pillars of the beautiful game. This curriculum is designed to bring a cohesive brand of soccer that will give our players the best chances to develop both on and off the field.

Our long-term vision builds the most successful pathway for our players while preparing them for opportunities beyond our sport. We are committed to putting players first as they are the future.

Empowering Potential Forming Futures



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CWFC Technical Vision

At Calgary West Football Club (CWFC), we have a player first mentality. We are committed to creating an environment that encourages all players to grow and develop.

Our Coaching staff is dedicated to ensuring every player at every tier receives the training and attention they deserve to reach maximum development.

We have programs from Play & Train/Grassroots, Recreational and Competitive and which means there is an environment for every athlete.

Our Academy-Based Curriculum is structured around the four pillars of soccer: Attacking Organization, Attacking Transitions, Defensive Organization, and Defensive Transitions. At CWFC, we believe that having a structured and detailed understanding of the game is important to prepare players for their future, whether it is collegiate, pro, senior competitive, senior recreational or soccer for life.

CWFC's technical vision is to ensure players are given the proper tools to play the game at the level of their choice. At the Grassroots and Foundational ages, we focus on physical literacy incorporated with ball mastery skills. In the Developmental age groups, we build on those skills by adding additional small-sided games. This phased approach enables the athlete to expand their soccer IQ while continuously developing physical literacy and ball mastery.

In our Generation Program, we focus on preparing our athletes to compete at the next level. In this environment, we look to push the athletes and stretch them outside their comfort zone.



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CWFC Program Registration

Early bird registration fees are in effect from February 1, 2024 - February 21, 2024. All advertised prices in this overview are decreased by 10% until February 21, 2024. Prices match the overview starting February 22, 2024. Registration closes on March 15, 2024.

REGISTRATIONS MUST BE COMPLETED AND FEES PAID TO ATTEND PLAYER EVALUATIONS FOR U10-U17.

Please note: CMSA players who have not paid their fees (registration/academy) will be deregistered with CMSA by June 15, 2024, for Outdoor 2024.

Online Payments:

At the time of registration, you will be expected to pay the base registration fees. Following evaluations and player placement, additional fees for Academy will be required to be paid at the start of the season. Our online payment system only accepts credit card payments. Introduced last season is the option for scheduled credit card payments for an added option.

Volunteer Positions:

All registrations that DO NOT select a volunteer role during the registration process, whether team level or club level are charged the non-volunteer fee of \$100 upfront on their registration.

CMSA League Structure:

Please note that we register teams into the CMSA League. CMSA is the governing body for the city league. CMSA administers all league structures, game schedules and rules of play. For the CMSA League Structures/Calendar for the Outdoor 2024 Season including game days please see the CMSA website under the [LEAGUE tab](#).



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CWFC Evaluation & Player Placement

CWFC is confident in our ability to correctly place players into teams that will best suit their development.

In our evaluation process, players will be given a session with players in their respective age groups. Players will start with a small technical session which allows them to demonstrate their technique and personal player habits. The session will evolve into a gameplay format where they will have an opportunity to showcase their ability within a game environment.

Our qualified and experienced staff will select players into teams that we believe provide their best opportunity to develop.

“To Do” list to attend Evaluations:

- Register - Players must be registered for the upcoming season.
- The Technical Director, along with Age Group Directors will make the final decision on player placement based on:

Returning Players

- Previous participation in a team from last CMSA season
- Information from the team Coaches (if applicable)
- Conversation with other Age Group Directors, who have worked with a player in the past

New Players

- Information about their last CMSA season participation (age group and Tier level)
- Conditions of our teams and their needs



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CWFC Equipment & Uniform Requirements

Players in the **U7/U8/U9** age groups will be provided with a Shane Homes supplied Kit (jersey/shorts/socks), and a CWFC training shirt.

Players in **U10 to U17** will be provided with a CWFC training shirt along with **Black Game Socks Only**. Jerseys will be on loan for the season for each team. Game shorts & White Game Socks will be available for sale at KICKS Sporting goods. **Players are required to have black with green striped shorts AND white with green striped shorts (home & away kit).**

Shin-guards, and appropriate footwear are required for all ages.

All additional Club wear is available for purchase year-round from KICKS Sporting Goods

4625 Varsity Dr NW, Calgary, AB T3A 1V7

<https://kickssports.ca/>



Programs Offered

CMSA Grassroots League (U7 - U9)

CMSA U10-U11 League

CMSA U12 - U13 League

CMSA U14 - U19 League



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U7 BORN 2017

Season

- April 30 - June 23

Post Season

- June 22 Grassroots Rally

Games

- 7 Games (Saturdays)
- (3) 20 Minute Games Per Day
- 3v3 Format
- Quadrant Based (NW)

Sessions

- 2x 1H Session Per Week
 - Tuesday 5:45PM - 6:45PM
 - Thursday 5:00PM - 6:00PM

Uniforms

- Shane Homes Jersey Provided

\$625.00

Registration

www.calgarywestsoccer.com



Calgary West Football Club

Empower Potential, Forming Futures

U8 BORN 2016

Season

- April 30 - June 23

Post Season

- June 22 Grassroots Rally

Games

- 7 Games (Saturdays)
- (3) 20 Minute Games Per Day
- 4v4 Format
- Quadrant Based (NW)

Sessions

- 2x 1H Session Per Week
 - Tuesday 5:45PM - 6:45PM
 - Thursday 5:00PM - 6:00PM

Uniforms

- Shane Homes Jersey Provided

\$625.00

Registration

www.calgarywestsoccer.com



Calgary West Football Club

Empower Potential, Forming Futures

U9 BORN 2015

Season

- April 30 - June 23

Post Season

- June 22/23 Grassroots Rally

Games

- 7 Games (Saturdays)
- (2) 25 Minute Games Per Day
- 5v5 with goalkeeper format
- Quadrant Based (NW)

Sessions

- 2x 1H Session Per Week
 - Tuesday 5:45PM - 6:45PM
 - Thursday 5:00PM - 6:00PM

Uniforms

- Shane Homes Jersey Provided

\$625.00

Registration

www.calgarywestsoccer.com



Calgary West Football Club

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U10 BORN 2014 DEVELOPMENTAL PLUS+

Season

- **April 27 - September 20**
- **July 29 - August 18 (Summer Break)**
- **August 19 - September 20 Fall Training & Exhibition Games**

Games

- **14 Games (any day of week)**
- **April 27 - July 28 CMSA Games**
- **(1) 50 Minute Game Per Day**
- **7v7 Format with goalkeepers**
- **City-wide**

Post Season

- **Wrap-Up Rally July 27/28**

Sessions

- **2x 1H Sessions Per Week**
- **12-14 Academy Sessions**

\$995.00

\$745.00 Registration Fee
\$250.00 Academy Fee

www.calgarywestsoccer.com



Calgary West Football Club

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U10 BORN 2014 DEVELOPMENTAL

Season

- May 4 - July 21

Post Season

- Wrap-Up Rally July 20/21

Games

- 10 Games (any day of week)
- (1) 50 Minute Game Per Day
- 7v7 Format
- Regional (North)

Sessions

- 2x 1H Sessions Per Week

Fall Training

- Fall Training Optional For Extra Fee
August 19 - September 20

\$745.00

Registration Fee

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Calgary West Football Club

Empower Potential, Forming Futures

U11 BORN 2013 DEVELOPMENTAL PLUS+

Season

- **April 27 - September 20**
- **July 29 - August 18 (Summer Break)**
- **August 19 - September 20 Fall Training & Exhibition Games**

Games

- **14 Games (any day of week)**
- **April 27 - July 28 CMSA Games**
- **(1) 50 Minute Game Per Day**
- **7v7 Format**
- **City-wide**

Post Season

- **Wrap-Up Rally July 27/28**

Sessions

- **2x 1H Sessions Per Week**
- **12-14 Academy Sessions**

\$1,210.00

\$960.00 Registration Fee
\$250.00 Academy Fee

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Calgary West Football Club

Empower Potential, Forming Futures

U11 BORN 2014 DEVELOPMENTAL

Season

- May 4 - July 21

Post Season

- Wrap-Up Rally July 20/21

Games

- 10 Games (any day of week)
- (1) 50 Minute Game Per Day
- 7v7 Format
- Regional (North)

Sessions

- 2x 1H Sessions Per Week

Fall Training

- Fall Training Optional For Extra Fee
August 19 - September 20

\$960.00

Registration Fee

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Calgary West Football Club

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U12 BORN 2012 TIER 1-2

Season

- **April 27 - September 20**
- **July 29 - August 18 (Summer Break)**
- **August 19 - September 20 Fall Training & Exhibition Games**

Games

- **14 Games (any day of week)**
- **April 27 - July 28 CMSA Games**
- **(1) 70 Minute Game Per Day**
- **9v9 Format**

Post Season

- **Wrap-Up Rally July 27/28**

Sessions

- **2x 75min Sessions Per Week**
- **12-14 Academy Sessions**

\$1,295.00

\$965.00 Registration Fee
\$330.00 Academy Fee

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Calgary West Football Club

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U12 BORN 2012 TIER 3-5

Season

- April 27 - July 19

Post Season

- Wrap-Up Rally July 20/21

Games

- 14 Games (any day of week)
- (1) 70 Minute Game Per Day
- 9v9 Format

Sessions

- 2x 75min Sessions Per Week

Fall Training

- Fall Training Optional For Extra Fee
August 19 - September 20

\$965.00

\$965.00 Registration Fee

www.calgarywestsoccer.com



Calgary West Football Club

Empower Potential, Forming Futures

U13 BORN 2011 TIER 1-2

Season

- **April 27 - September 20**
- **July 29 - August 18 (Summer Break)**
- **August 19 - September 20 Fall Training & Exhibition Games**

Post Season

- **Challenge Cup July 26-28**
- **ASA Provincials**

Games

- **14 Games (any day of week)**
- **April 27 - July 28 CMSA Games**
- **(1) 80 Minute Game Per Day**
- **9v9 Format**
- **City-wide**

Sessions

- **2x 75min Sessions Per Week**
- **12-14 Academy Sessions**

\$1,295.00

\$965.00 Registration Fee
\$330.00 Academy Fee

www.calgarywestsoccer.com



Calgary West Football Club

Empower Potential, Forming Futures

U13

BORN 2011

TIER 3-5

Season

- April 27 - July 19

Post Season

- Challenge Cup July 26-28
- ASA Provincials

Games

- 14 Games (any day of week)
- (1) 80 Minute Game Per Day
- 9v9 Format
- City-wide

Fall Training

- Fall Training Optional For Extra Fee
August 19 - September 20

Sessions

- 2x 75min Sessions Per Week

\$965.00

\$965.00 Registration Fee

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Calgary West Football Club

Empower Potential, Forming Futures

U14-U19

BORN 2010/2006

TIER 1-2

Season

- **April 27 - September 20**
- **July 29 - August 18 (Summer Break)**
- **August 19 - September 20 Fall Training & Exhibition Games**

Post Season

- **Challenge Cup July 26-28**
- **ASA Provincials**

Games

- **14 Games (any day of week)**
- **April 27-July 28 CMSA Games**
- **(1) 90 Minute Game Per Day**
- **11v11 Format**
- **City-wide**

Sessions

- **2x 75min Sessions Per Week**
- **12-14 Academy Sessions**

\$1,380.00

\$965.00 Registration Fee
\$415.00 Academy Fee

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Calgary West Football Club

Empower Potential, Forming Futures

U14-U19

BORN 2010/2006

TIER 3-5

Season

- April 27 - July 28 (Tier 3)
- April 27 - July 21 (Tier IV-V)

Post Season

- Challenge Cup July 26-28
- ASA Provincials

Games

- 14 Games (any day of week)
- (1) 90 Minute Game Per Day
- 11v11 Format
- City-wide

Fall Training

- Fall Training Optional
 - August 19 - September 20

Sessions

- 2x 75min Sessions Per Week

\$965.00

\$965.00 Registration Fee

www.calgarywestsoccer.com



Thank you for choosing Calgary West Football
Club.

To Register Please Go Through The Website Link