



Try Outs and Team Formation

Team formation is completed twice annually in March-April and September-October. Team formation will be based on:

- Try out evaluations
- Ongoing assessment at the level of play in which players compete.
- Team/Coach Player/Team Evaluations

Players who have registered but who have not paid for, or made alternate arrangements, their registration fees and/or their community membership will not be allowed to try out.

Community House League and Inter-Community League Players

Community House League and Inter-Community League players will **not** be evaluated. Inter-Community teams will be geographically based.

City CMSA League - Competitive and Premier Players

Try outs will be conducted for City Competitive and Premier players.

Principles

Five main principles underpin the Try Out and Team Formation format:

1. The need for **unbiased evaluations** for all players
2. The need for **coach input** into the evaluation process – coaches are very familiar with player skills, attitudes and experience and want to be involved in selecting the players they coach.
3. The need for **sufficient quantity** of evaluations – the number of evaluators will be increased.
4. The need for a **variety of skills sets** evaluated - players will be evaluated on a combination of both technical skills and tactical ability. The execution of technical skills will be evaluated under pressure, in game situations.
5. The need for **pre determined grouping** of players – players will be pre-grouped for all sessions, rather than randomly placed. First session placements will be based on Team/Player Evaluations, ongoing assessment at the level of play in which players compete, and choice of level of play by the player (premier/competitive) at registration. Second session groupings will be based on first sessions evaluation results.

The Try Out Format will balance all of the above principles to ensure fair assessments of player abilities.



Try Out Format

Players will be evaluated on:

Technique – ball control/first touch/ability to pass and move

Tactics – athlete's ability to understand the game

Fitness – athlete's stamina and speed

Attitude – desire of athlete to be team player

Decision making – ability to make decisions under pressure

At each session, the player will be evaluated for discipline – listening & following instructions, reaction to success & failure, interaction with other players, etc.

There will be one 1.5 hour session, and one 1 hour try out session for every player. The 2 sessions will be structured as following:

Session 1: Skills

1 vs 1

Small sided games

Session 2: Full field scrimmage (age appropriate)

Players will need to warm up and cool down on their own before and after each session.

Evaluations

Players will be evaluated by:

- Head Coach
- Independent Try Out Evaluators
- Age Group Coaches

Independent Try Out Evaluators are defined as experienced soccer players and/or coaches who do not have a child in the CMSA program. A list of Try Out Evaluators will be established by the Head Coach, who is responsible for selecting and placing selected Try Out Evaluators in specific sessions.

Age Group Coaches are defined as those coaches who have indicated they will be coaching a team for the upcoming season in that particular age and gender group.

Try Out Process

The following Try Out process will be followed:

Session 1 – 1.5 hour (skills and small sided games) session

A. Team coaches will submit a Team/Player Evaluation to the Head Coach at the end of the outgoing season, indicating:

- Individual player evaluation of skills, attitude and tactical abilities (per position)



- Level of play recommended for each player for the incoming season

B. Head Coach will place players in try out groups: based on:

- Team/Player Evaluations
- Ongoing assessment at the level of play in which players compete.
- Choice of level of play by the player (premier/competitive)

C. Players will be evaluated by Independent Evaluators and the Head Coach (**no Age Group Coaches**)

D. Head Coach will re-allocate players into groups for the Second Try Out Session, based on all of the above evaluations.

Session 2 – 1 hour (game) session

- A. Players will be evaluated by the Head Coach, Independent Try Out Evaluators **and by Age Group Coaches.**
- B. All Evaluators will evaluate players and during and immediately after the session, place players on the given number of teams appropriate for that age/gender group.
- C. The Head Coach will then take all Independent Evaluator and Age Group Coach team selections and complete final team selection.
- D. The Head Coach **may** call a Coaches Meeting to finalize Team Formation.

Goalkeeper evaluations -

Separate and combined goalkeeper evaluations will be held for Session 1. Goal keepers will participate in Session 2 with the out field players.

Teams will be selected as quickly as possible in order to give athletes proper time to adjust to their respective teams. As much as possible, players will be kept together from year to year.

Summary of Try Out and Tem Formation Process

1. Team Coaches submit Team/Player Evaluations
2. Head Coach assesses players on ongoing basis at the level the player is playing
3. Head Coach groups players according to above assessments
4. Session 1 Independent Evaluators assess players



5. Head Coach regroups players for Sessions 2
6. Session 2 Independent Evaluators and Age Group Coaches evaluate players and place players into appropriate number of teams per age/gender group
7. Head Coach makes final team formation.

Session	Location	Length of Session	Skill Evaluated	Evaluators	Groupings
Sessions 1	Outdoor field	1.5hours	1vs 1 Small sized games	Independent	Pre-selected by Head Coach based on
Groupings for Session made by Head Coach					
Session 2	Indoor Facility (CWSC)	1 hour	Full sided games	Independent and Age Group Coaches	Determined from Session 1 results
Each Evaluator – Independent and Age Group Coaches - make team selection Head Coach assesses each Evaluator’s team selection and finalizes team formation.					