



Welcome to our tenth CWSC Newsletter – we have recapped the Indoor 2010/11 Season and hope you will find all the information you need to register for Outdoor 2012.

Before we begin, we would like to ask all CWSC members to not phone the West Soccer Centre when trying to contact CWSC. We are two separate organizations. Contacts for the CWSC Executive Director, CWSC Administrator, CWSC Board members and Head Coaches can be found on our Who's Who page.

MESSAGE FROM THE CHAIR

Dear CWSC Members,

Another Indoor season is almost finished, and I would like to thank all families for their participation in our program. We have many parents who volunteer coach, manage teams, arrange tournaments as well as various other volunteer duties that are much needed. Your time and efforts are greatly appreciated. Calgary West Soccer counts on parental involvement and the children welcome it!

I would like to take this opportunity to thank our fantastic Staff. They work tirelessly to ensure families/players are accommodated. They also implement new programs and put in countless hours to do so.

Patty Munson	Try Out and Team Formation Support
Linda Braun	Bookkeeper
Cassandra Keough	Administrator
Mary Liao	Executive Director

Without these amazing people, our Club would not function. Kudos to all of you!

Our Head Coaches are also a large portion of who we are as a Club. We could not run our many programs without their time and input. They spend many hours either coaching or supporting our teams, developing Academy sessions, IPT and our Play and Train program.

Nigel Brattle
German Camacho
Morgan Nkathazos
Renato Rosario
Emmanuel Kwasi Afranie

The CWSC AGM was held on December 1, 2011 at the Tuscany Club. Many thanks to all that attended. The AGM is always a great opportunity to have your say and provide input to the Board of Directors. It is also a good opportunity to learn more about the various volunteer positions within the Club.

Copies of the minutes of the meeting and the Chair Report will soon be posted on our website.

The Board of Directors is as follows:

Chair	Janice Walker
Vice-Chair	Stephen Ward
Secretary	Greg Enno
Treasurer	Vacant
Directors at Large	Sean Bovingdon, Teresa Hirata

We are always looking for volunteers to work on various committees. These may include Fundraising, Sponsorship and Policy Development. If you have a couple hours to spare, and maybe an idea or two about how we can improve the Club, your input would be much appreciated. Please contact chair@calgarywestsoccer.com

At this time I would like to thank the following Board Members who have stepped down this past year.

Their dedication to the Club and their many volunteer hours has been much appreciated

Angie Soutar
Miguel Kanafany



Bindya Raju
Mark Hughes

I would like to thank MNP Financial Assurance who has agreed to review our financial statements for the past year.

Janice Walker
CWSC Chair

REPORT FROM the EXECUTIVE DIRECTOR

Collaboration with MSB and NCU Soccer Clubs

CWSC is pleased to announce a collaborative agreement with MSB and NCU to pool players and hold joint try outs moving into Indoor 2012 /2013. We believe that by pooling our players, we will be able to provide an enhanced competitive program for all players, where all players will be able to play at their desired level of play. A survey will be sent out to all members to ascertain member perspectives on the proposed collaboration.

We would like to initiate our joint try outs for U10 and U12 age groups moving into the Indoor 2012 2013 season, with full collaboration by Outdoor 2013.

With approximately 80 teams and well over 1000 players, CWSC-MSB-NCU would be one of the biggest combined clubs in Calgary.

For Outdoor 2012, we will be looking at forming strategic alliances in the following specific age groups:

U16 Girls	CWSC and NCU
U14 Boys	MSB and CWSC
U18 Boys	CWSC and MSB in coordination with NorthSide Soccer (Edgemont, Hamptons, Northstar). In the U18B category, we will be looking to form a Tier 1 and Tier 2/3 team, and would welcome any players looking for an opportunity to play Tier 1 or 2/3.

Our recreational, inter-community house league programs will remain untouched, allowing players U8-U16/18 to play in their community. We will also continue to support our Community Partner U4-U8/10 house league programs.

Our organizations will be working together, starting in January 2012, to establish appropriate governance, administrative, and technical systems to ensure a seamless transition for all members.

Standings for Indoor 2011/2012 as of January 24 2012

BU10 Tier A: Palmeiras currently sitting in second place after only losing one game so far this season with a 6-1-0 standing.

BU10 Tier B: Arsenal in 3rd division and currently in 3rd place with a 3-1-0 standing

BU10 Tier B: Sampdoria in 3rd division and currently in 3rd place with a 3-1-0 standing

BU10 Tier C: Ajax in 2nd division and currently in 2nd place with a 4-0-0 standing

BU10 Tier C: Americas in 2nd division and currently in 3rd place with a 3-1-0 standing

GU10 Tier B: Freedom currently in 10th place with a 2-5-0 standing



GU10 Tier C: Lynx in 2nd division and currently in 6th place as they have not played any games in the playoff season yet.

BU12: Real Madrid finished off in Tier 2 after seeding round and is currently tied for 3rd place with a 3-1-0 standing in playoff round

BU12: Colo Colo finished off in Tier 3 after seeding round and is currently in 6th place with a 3-2-0 standing in playoff round

BU12: Nacional finished off in Tier 3 after seeding round and is currently in 7th place with a 2-3-0 standing in playoff round

BU12: Cosmos finished off in Tier ICC-C after seeding round and is currently in 8th place with a 0-3-0 standing in playoff round

BU12: Milan finished off in Tier ICC-D after seeding round and is currently in 2nd place with a 3-0-1 standing in playoff round

GU12: Athletica finished off in Tier 2 after seeding round and is currently in 1st place with a 1-0-1 standing in playoff round

GU12: Thunder finished off in Tier ICC-D after seeding round and is currently in 6th place with a 1-2-0 standing in playoff round

BU14: Santos, currently in 5th place with a 5-3-1 standing in playoff round in Tier 1

BU14: Barcelona finished off in Tier 3 after seeding round and is tied for 5th place with 3-3-0 standing in playoff round

BU14: Olympiakos finished off in Tier 3 after seeding round and is currently in 12th place with a 0-6-1 standing in playoff round

BU14: Atletico finished off in ICC-D after seeding round and is currently in 4th place with a 2-2-0 standing in playoff round

GU14: Spartek finished off in Tier 2 after seeding round and is currently in 5th place with a 3-2-0 standing in playoff round

GU14: Revolution finished off in Tier IV-ICC-A/B after seeding round and is currently in 3rd place with a 4-2-1 standing in playoff round

GU14: Tier 6, Chelsea is currently in 5th place with a 2-7-0 standing in playoff round

BU16: Black Stars currently in 8th place with a 2-7-0 standing in playoff round in Tier 1

BU16: Newcastle finished off in Tier 3 after seeding round and is currently in 5th place with a 0-1-1 standing in playoff round

BU16: Porto finished off in Tier ICC-A after seeding and no current standings to report.

BU16: Roma finished off in Tier ICC-C after seeding and no current standings to report.

GU16: Sparta finished off in Tier 3 after seeding round and is currently in 5th place with a 2-1-0 standing in playoff round

GU16: Breakers finished off in Tier ICC-B after seeding round and is currently in 2nd place with a 1-0-1 standing in playoff round

GU16: Valencia finished off in Tier ICC-C after seeding round and is currently in 3rd place with a 2-1-0 standing in playoff round

GU18: Bayern finished off in Tier 3 after seeding round and is currently in 9th place with a 0-2-0 standing in playoff round

Thank you to all team Coaches, Assistant Coaches and Team Managers for working so hard for your teams.



No matter what the game results, it is important for the players to develop and enjoy the game of soccer. When you are at the South or the West Soccer Centre and you see one of our teams playing, please take a moment to stop and cheer our teams on.

Good luck to all CWSC teams in the play-off round and post-season play.

PLAY AND TRAIN PROGRAM

Our Play and Train has been revamped to utilize the Brazilian BFUT Educational Methodology. Renato Rosario, our new Brazilian Head Coach from Sao Paulo, Brazil, has led the Play and Train program with German Camacho. Azren Raju and Miranda Arkley return as assistant instructors. Cristiano Carvalho and Alejandro Florez from U16B Tier 1 Black Stars have helped out on our Wednesday and Thursday sessions. The 2011-2012 Play and Train program has given Boys and Girls from 4 to 14 years old the opportunity to understand and learn different concepts in the game of soccer including:

- Physical conditioning
- Technical
- Coordination
- Tactical

The Play and Train curriculum is composed of lesson plans that are age specific and reflect the necessary development for each player. Each week it is clearer that individual development is being achieved as each player performs their soccer activities with increasingly quality.

In the 4 to 8 year group they can tell which part of foot should be used to pass a ball and which part of the foot should be used to master the ball. With the group between 10 and 14 years, they already know how to make an overlapping run, cross the ball, shoot with the best technique to beat the goalkeeper, dribble and shoot consecutively, and tactical concepts of soccer (2-2-1).

If not enough individual development, it can be seen clearly also in the collective development of games played. For the group between 4 and 8 years may be noted that the concept of passing the ball is already present as is the concept of team play, using tactical combinations to score a goal. Players are also learning to transition quickly to defense to not concede goals against.

For the group between 10 and 14, even more tactical awareness is demonstrated. Players are aware of their teammates and the need to keep distance and positions on the field to facilitate passing and increase chances to score a goal. Players are developing a sense of team spirit as well, as demonstrated in voluntary and strategic substitutions.

We are excited to be able to support players in learning the specific aspects of soccer, fundamental motor skills (coordination on both sides of the body, agility, speed, strength), as well as cognitive abilities related to the sport (attention, concentration, memorization). Social skills are also an extremely important aspect of playing a team sport (peer acceptance/ group activity, overcoming challenges, rules, discipline and acquisition of self-confidence).

SENIOR SOCCER at CWSC

This indoor the CWSC Renegades Classics 1 team was coached by CWSC Head Coach, Nigel Brattle. They continue to develop their competitiveness in a tough division. A warm thanks to Linda MacLaren and Kate Pierini for organizing the Renegades.

Our CWSC United Men's team sits in 2nd spot in Division 4c. The team is comprised of a number of our first graduating minor team, CWSc Torino. Brendan Howell captains the team. Jesse Bennett, and Stephen Moore, also former players of CWSC Torino, and coach of our U16B Tier 2/3 Newcastle team also play on the team, as does Kurt Niedling, Alex Tanner, Tyler Allen, Anas Ibrahim, Bassem Younis and Matthew Taylor-Kerr.



CWSC Banyana, Banyana

Banyana, Banyana (the girls, the girls), CWSC's Senior Women's Recreational Team is enjoying their 2nd season with the Cochrane Ladies Indoor Recreational League. The team is currently undefeated halfway through the 2011/12 season. This dynamic group of women have known each other for many years through CWSC's Women's Soccer Academy and their community recreational soccer leagues (in particular, Scenic Acres and Silver Springs). In the two years together as a team, this dedicated group of women has shown their eagerness to improve their skills as individuals and as a team. This has been evident by their team chemistry on and off the field. The season wraps up on the weekend of April 27-29, 2012 with an End of Season Tournament.

Banyana, Banyana recently played an indoor friendly with CWSC Women's Competitive team, the Renegades and are currently working on another game. This has given Banyana, Banyana the opportunity to get a glimpse of the competitive side of soccer.

With outdoor season fast approaching, Banyana, Banyana has decided to broaden their horizons and will be registering with the Calgary Women's Soccer Association (CWSA) in Over 35, Classics 1 Division as recommended by Mary Liao, Executive Director. Thank you, Mary and CWSC for your continued support.

Calgary West Soccer Club Men's O35 Masters is seeking additional players for the 2012 outdoor season.

We will be running a minimum of 1 competitive team in CUSA Div 1B (but aim to form a second team to enter Div C) and have a dedicated head coach. The management team is looking for enthusiastic, hard-working, skilled, experienced and committed players to join us.

We are meeting for weekly, non-competitive indoor soccer (training + games) during pre-season at Genesis Centre, Airdrie (Sunday evenings, 6.15-7.45pm) with outdoor training beginning in March or April (weather dependent). There will be a selection process for the player roster for the season. Player registration fee will be around \$400 for the 2012 outdoor season. If you were born on or before 1st January 1977, think you have the attributes we seek and would like to find out more, please contact us at mensmasters@calgarywestsoccer.com for further information.

Please include your date of birth, preferred position and your past soccer experience.

VOLUNTEER REPORT

With our club continuing to grow season after season, we appreciate having some special volunteers who fulfill the same larger volunteer role each time, especially during registration. Agnes Leeson and Lynn Faber are two of them, and their contribution to support registration has been invaluable.

Aly Tarrant took over uniform coordination from Monica Gottschling, and did an amazing job following in Monica's footsteps.

Alison McGrath has continued to refurbish our first aid kits

Maureen Bell was a huge help coordinating community memberships.

Greg Enno serves not only as our Secretary but also coordinates all of the team equipment and field equipment needs for the club and for each of the teams.



Janice Walker is not only our Chair, she also serves double time coordinating the field/facility permits and allocating practice slots for each of our teams.

Teresa Hirata serves as our Director for Fund Raising, and also will continue to coordinate the Inter-Community House League program.

A huge thanks for their enthusiastic and incredible work.

We are also looking for a Referee Coordinator to support the referee education parent and coach workshops. Please contact Cassandra at admin@calgarywestsoccer.com if you are interested.

Thank you to all Volunteers working to provide a supportive, development focused and fun experience for our children and youth.

OUR SPONSORS



We are pleased to announce Cedarglen Homes as one of our sponsors, under the uniform sponsorship program. Cedarglen has generously

sponsored a set of U8 uniforms and a set of U10 uniforms. See the sponsorship page on the CWSC website for more details on Cedarglen Homes and their sponsorship at Calgary West.

Mary Liao
Executive Director

OUTDOOR 2012

CWSC is very excited to announce the visit of **Émerson Ferreira da Rosa** as a guest educator with CWSC this summer.

Known as **Émerson**, born in Pelotas, Brazil, Emerson played with Grêmio, BayerLeverkusen, AS Roma, Juventus, Real Madrid and Santos, as well as the Brazilian National Team. Upon retiring from professional soccer, **Émerson** established **Fragata Futebol Club**, based in Pelotas, Brazil. CWSC is pleased to take our partnership with Fragata FC one step further by hosting **Émerson** this summer.

His long list of honors includes:

- Brazilian Cup: 1994, 1997
- Rio Grande do Sul State League: 1995, 1996
- Libertadores Cup: 1995
- Brazilian League: 1996
- Recopa: 1996
- Copa America: 1999
- Italian Supercup: 2001
- Confederations Cup: 2005
- Italian League: 2000/2001, 2004/2005, 2005/2006
- Spanish League: 2007
- European Supercup: 2007

CWSC Sponsorship Program

Calgary West Soccer Club is proud to be a community based club. We would like to announce our CWSC Sponsorship Program to promote business opportunities within our membership. We would like to invite sponsorship from our community businesses, member employers and individuals. All sponsors will be acknowledged on the CWSC website according to the degree and form of sponsorship, as outlined below:

All sponsorships for less than \$500 will be acknowledged on the CWSC website on our new [Sponsor Page](#) with a mention of their name and what they sponsored.

All sponsorships for \$500 or more will be acknowledged on the [Sponsor Page](#) for the period of one year including:

- Team picture if applicable
- Advertisement or description of services of the SPONSOR
- Link to the SPONSOR's website

Sponsors may choose the program they would like to support.

- Uniforms
- Team travel
- Access fund to support low income fees
- Equipment
- Coach or Player Development
- Facility funds
- Shipment of donated equipment to Ghana, Brazil, etc.
- Any other CWSC program

CWSC would be most interested in sponsors for new team uniforms. For a \$600 fee, a sponsor will receive their branding on one full team set of uniforms to be worn by Calgary West players. A sponsor may designate the team to receive the new uniforms, after which the set will remain with that team until they move to another age group/size.

Please contact fundraising@calgarywestsoccer.com for more information.

Sponsors will be given the opportunity to renew their sponsorship on a yearly basis with a discount given if renewed at least one month prior to the date of renewal.

Please note that all sponsors and branding must be approved by the CWSC Fundraising Committee and/or Board as per the [CWSC Fundraising Policy](#).

For more information: www.calgarywestsoccer.com
C/O UPS Crowfoot Store,
Box 628 # 105- 150, Crowfoot Crescent NW, Calgary, AB T3G 3T2
Email: fundraising@calgarywestsoccer.com





FIFA Club World Championship: 2007
Naranja Cup of Valencia (Spain): 1996 Berlusconi Trophy (Milano): 2004

He is a combative and dynamic defensive midfielder renowned for his tackling and passing, his nickname is *Il Puma* for his feline movements in midfield.

Émerson will be attending our CWSC Summer Camps, and potentially guest coaching a CWSC team in the CMSA Giddy Up Cup Tournament. The CWSC Board will be planning numerous events to take advantage of his visit to Calgary. Tentatively planned, a July 1st celebration with a skills competition and social. Mark this event into your calendar.

Details on the **CWSC Émerson Summer Camps** can be found in the Technical Program section of this newsletter, and on our website under CWSC Summer Camps. CWSC (and Community Partner) members will be able to take advantage of early bird registration until March 15 2012, after which registration will open to the public.

Outdoor Programs 2012

For this Outdoor Season, we will continue to offer the recreational **Inter-Community House League program (ICHL)** for U8-U16/18, and the **Competitive CMSA League** program for U8-U18.

Please see our website under Programs for details on the features of each program.

<http://www.calgarywestsoccer.com/program-overview/>

Inter-Community House League (ICHL)

The ICHL recreational league is intended to provide a community based program for U8-U16/18, with the added spice of inter-community rivalry. The ICHL/Recreational component of the Calgary West Soccer Club is a continuation of each community's house league for those players that do not want to move up to the competitive program. We coordinate the league for all players in the U10 to U18 age categories. Most, if not all, U10 games are played within your current community or a surrounding community (Arbour Lake, Bowness, Citadel, Hawkwood, Ranchlands, Silver Springs, Scenic Acres, Tuscany or Valley Ridge). Due to the number of players that continue to play declining at the higher age groups, we are also part of a NW community group which allows us to play against more communities. This group does require some travel to other NW communities to play your games. The one nice thing about being a part of Calgary West is that our communities provide a large number of the teams and many games are played within our communities. As we form the teams at all age groups, we do take into consideration requests to play with certain players as well as which community you come from to help alleviate the problem of driving.

CWSC will be offering a Super U8 ICHL division intended to provide that extra level of competition for U8 players that have grown out of the regular U8 house league format. This program is intended for U8 players that have played soccer before, either a number of years in the Outdoor U6-8 house league program, or the U8 indoor CMSA league with CWSC. These U8 teams will play on U10 fields in a 7v7 format with referees and will play 1 game (**Saturdays**) and have 1 practice (**Wednesdays**) a week.

OUTDOOR SOCCER

2012

- Competitive and Recreational Soccer for all ages 4-18 years
- CMSA League U8-U18
- CMSA Summer League U8-U12
- Inter-Community House League U8-U18
- Summer Play and Train U4-U12
- Summer Soccer Camps
- All registrations and communities welcome

For Players from 3 to 18 years Boys & Girls

Registration / Information online at: www.calgarywestsoccer.com

Contact Us
C/O UPS Crowfoot Store, Box 628 #105- 150, Crowfoot Crescent
NW, Calgary, AB T3G 3T2
Email: admin@calgarywestsoccer.com



Newsletter # 10

Feb 1 2012

For the upcoming season, all of the boys' games/practices will be held on **Tues/Thurs**, as will the U16/U18 mixed teams. All of the girls' games/practices will be held on **Mon/Wed**. For the U10 age group we are planning on having **one game and one practice** per week. If we form our own U12 league similar to the U10 league we will have **one game and one practice** per week. However the ICHL League has decided that **two games** per week will be the format. There may or may not be referees assigned to your games. In the CWSC communities there should be ref's assigned on Mondays and Thursdays.

All **U10** and **U12** games and/or practices will begin at 6:15 and run until 7:20. All **U14** and **U16+** games and/or practices will begin at 7:30 and run until 8:45. Depending on your coach you may be required to get there 15 to 30 minutes before the start to have a warm-up.

Age Group	Days	Playing Time
Super U8 Mixed	W/Sat	6-7:30 pm and 10:00-11:00 am
U10 Boys	T/Th	6:15-7:20 pm
U10 Girls	M/W	6:15-7:20 pm
U12 Boys	T/Th	6:15-7:20 pm
U12 Girls	M/W	6:15-7:20 pm
U14 Boys	T/Th	7:30-8:45 pm
U14 Girls	M/W	7:30-8:45 pm
U16-18 Mixed	T/Th	7:30-8:45 pm

Dates: Season starts the end of April and ends towards the end of June.

Cost: \$125 for all programs – includes full uniform, medals and photos.

Calgary Minor Soccer League CMSA Program (U8 to U18)

Players can register with CWSC for the city-wide Calgary Minor Soccer Association (CMSA) League. The Calgary West Soccer Club will endeavor to place players at the appropriate level of play based on the number of players and conventional pyramid concepts as well as technical assessment and prior knowledge of player skills.

Program Features

The CMSA program features:

- Season starts late April and goes until June 26 for U8, U10 and Tier VI teams. Tier IV and V games end on July 7, Tier III on August 4, and Tier I on August 10.
- Try Outs balancing independent and team coach evaluations.
- CMSA league play as per CMSA schedules (2 games per week most weeks, but can vary depending on level and scheduling)
- Weekly team practices of 1.5 hours each or more, depending on team coach expectations.
- U10 Tier A and U10-U18 Tier I-III teams participate in Mandatory Academy at extra cost with our Head Coaches.
 - U10 Tier A – seven 1.5 hour sessions between May and June
 - U12-U18 Tier II-III – seven 2 hour sessions between May and July
 - U12-U18 Tier I – ten 2 hour sessions on weekends between May and August



- Dates to be determined, with start date April 28
- CWSC Academy will be collaborating with Glenn Vergie Health and Conditioning to provide team packages for Speed, Agility and Quickness (SAQ) Training with Glenn Vergie Health and Conditioning. U10 Tier A and U12 -U18 Tier 1 teams have mandatory Glenn Vergie SAQ Training.
- Optional Academy for the following teams
 - U8 - five 1.5 hour sessions between May and June
 - U10 Tier B and C - seven 1.5 hour sessions between May and June
 - U12-U18 Tier IV-VI - seven 2 hour sessions between May and July
 - Optional Academy teams may also participate in Glenn Vergie SAQ Training at extra cost.
- Team support from the Head Coach to ensure as much support as possible for team coaches and to directly impact on team learning and performance during the season.
- Intensive CWSC In House Coaching Development courses in the pre season (April 27 and 28 at the WSC)
- Practice t-shirt and socks are provided. Socks must be picked up from Kicks Sporting Goods in Varsity.
- Players must wear CWSC Shorts to games, which are available for purchase at Kicks.
- High quality ADIDAS Club Wear available at Kicks Sporting Goods.

Tier I Expectations

Players wishing to play at the Tier I level should make note of the costs and time commitment involved before indicating their desire to try out for a Tier I team. For example, a U14-U16 Tier I player with a Head Coach as team coach will be paying registration fees (\$300), Head Coach fees (\$175) and Academy fees (\$350), for a total of \$825.

Tier I players should expect to commit to train with their team 3-4 times per week between team practices, academy and games. They should also expect to travel out of town to tournaments, including show case tournaments in the States and internationally. Fundraising is a requirement at this level.

Important Dates

Try Outs dates for U10 – U18 will be:

April 2,3,4	6-9 pm at Bearspaw Christian School (new gyms)
April 16-20	6-9 pm at a location TBD

Detailed schedules and locations will be posted to the website and emailed to all registrants closer to the date.

Teams formed by April 22-25
Coaches placed by April 22- 25
Coach Meeting April 26 Location TBC
CWSC In-House Coach Development Clinics April 22nd-27th West Soccer Centre
Academy starts April 28
CMSA League starts April 28

Please see the CMSA Program Calendar for league end dates for each age/gender/division, and CMSA League Structure included at the end of this newsletter.



Summer Leagues:

CWSC will continue to offer registration into the U8 Development CMSA league in a 4v4 (3v3 with keeper/sweeper) format, which will operate two seasons – spring and summer.

We will also continue to offer registration into the CMSA Summer League for U10 Tiers A-C, and U12 Tiers IV-VI

New this year, we will be offering registration into the new U14 CMSA Summer League for players in Tier IV-VI.

Note: to register for the summer U8, U10, U12 and U14 leagues, you must be registered in the Spring CMSA Leagues.

Players will register for the spring season, and during the registration process, will be able to indicate their interest in continuing for the summer season. Note you cannot play in the U8 or U10 or U12 or U14 summer league if you did not play in the spring league. CMSA is allowing recombined teams of players who played in the spring league. We will open registration for the spring league in June. Team registration is by June 30, with schedules released by CMSA by the middle of July.

U8 Player Program Options


CWSC U8 players will have the choice of 4 different programs. Player may choose to play in any one or all programs simultaneously)

1. CWSC Super U8 Inter-Community House League – recreation based but using the U10 format 7v7 on a U10 field with referees. No scores or standings kept.
2. CMSA U8 4v4 league – spring and summer.
3. New this year, we will be integrating U8 teams into our regular team-based Academy Program. Five 1.5 hour sessions between May and June.
4. We will also be offering our Individual Player Training program to U8 players.

Referees

CWSC is always looking for referees for both the ICHL and CMSA leagues. If you are interested in becoming a referee, CWSC covers the cost of all training and will provide a referee shirt with a deposit. Game fees are approximately, as below, with bonuses applicable if you referee 5-9 games (10%) or over 10 games (15%) for CWSC.

Please see our website – Referee Section for detailed information.
<http://www.calgarywestsoccer.com/payment-procedure/>



Referees

Outdoor 2012

Do you want to referee soccer game and earn money?
Calgary West Soccer Club is actively recruiting referees.

Calgary West Soccer Club welcomes back all referees from previous years and extends a special invite to those interested but new to being a referee. It's a great way for the older kids to learn more about the game and be a mentor to younger kids. CWSC will cover the cost of training for new referees and provide the uniform.

We have both competitive and recreational programs U8-U18.

If you are interested in refereeing for Calgary West Soccer Club or you know of someone who may wish to stay in touch with the great game of soccer please email
referee@calgarywestsoccer.com

Referees must be 12 years of age

www.calgarywestsoccer.com

Contact Us
C/O UPS Crowfoot Store, Box 628 #105- 150, Crowfoot Crescent
NW, Calgary, AB T3G 3T2
Email: referee@calgarywestsoccer.com



Age Group	ICHL	CMSA
U8	\$14	
U10	\$17	\$19
U12	\$23	\$25
U14	\$29	\$31
U16/18	\$36	\$42

Referee Support Program:

Referee abuse continues to be a problem in the game of soccer. Each year, we lose more than 50% of our referees and one of the main reasons is the abuse suffered by younger officials. A few years ago, CWSC was the first soccer club in Calgary to introduce and make mandatory, the use of Referee Liaisons/Field Marshalls by each team. Last year we launched our new online Referee Education Course. We will continue to make this course mandatory for all coaches, assistant coaches and one parent from each family. It is our hope that being proactive and providing a means of education about the laws of the game will help all participants understand the difficulties inherent in refereeing games and eliminate referee abuse from our game.

OUTDOOR 2012 CWSC REGISTRATION DETAILS:

We will continue to offer credit card, Interac or cheque payment payments with online registrations.

Age Groups and Registration Fees:

Age Group	Year of Birth	CMSA			ICHL
		Tier I-VI	Development/ Tier A-C	Optional Summer*	
U8	2004-2005		\$105.00	\$50.00	\$125.00
U10	2002-2003		\$180.00	\$55.00	\$125.00
U12	2000-2001	\$270.00		\$55.00	\$125.00
U14	1998-1999	\$300.00		\$55.00	\$125.00
U16	1996-1997	\$300.00			\$125.00
U18	1994-1995	\$300.00			\$125.00

- Registration for summer will take place in June



CMSA Program - Academy Fees:

Age Group	# Sessions	Technical Session Length	SAQ	SAQ Session Length	Fees
U8 Development (does NOT include Speed Agility Coordination)	5	1.5 hrs	n/a	n/a	\$75
U10 Tier A Mandatory Academy and Mandatory Glenn Vergie Speed Agility Coordination	7	1.5 hrs	7	1 hr	\$200
U12 Tier 1 Mandatory Academy and Mandatory Glenn Vergie Speed Agility Coordination	7	2 hrs	7	1 hr	\$280
U12-U16 Tier II-III Mandatory Academy only (no Glenn Vergie)	7	2 hr	n/a	n/a	\$200
U14-U18 Tier I Mandatory Includes 10 sessions with Glenn Vergie Speed Agility Coordination	10	2 hrs	10	1 hr	\$350
U14-U18 Tier II-III Mandatory Academy with Glenn Vergie Speed Agility Coordination	7	2 hrs	7	1 hr	\$280

Notes:

U10 Tier B/C and U12-U18 Tier IV/V/VIT teams may request Academy Training with or without Glenn Vergie SAQ Training. Prices as above

Technical Academy sessions will be scheduled Saturdays and Sundays, and possibly one week day evening at the Ranchlands DQ fields.

Speed, Agility, Quickness (SAQ) Training with Glenn Vergie SAQ sessions will be scheduled separately with Glenn Vergie, offered at a NW field location on Mon, Tues, Wed & Thurs at 5:30pm, 6:30pm, 7:30pm & 8:30pm.

CMSA Program – Head Coach Fees (for teams with paid CWSC Head Coaches):

Age Group	# Sessions	Fee per player
U10	2 games and 2 practice per week (April-June)	\$175
U12-U18 Tier I	1 game and 2-3 practices per week (April-August)	\$175
U12-U18 Tier II-VI	1 game and 2 practices per week (April-July)	\$150

Notes:

- U12-U18 Tier I,II and III teams cannot opt out of Academy even with a paid Head Coach.



- 99% of our team coaches are parent, volunteer coaches. For teams that cannot find a parent coach, CWSC will endeavor to find a non-parent coach, but parents should be prepared to pay a coach fee - it may not be a CWSC Head Coach, so the rate may vary from those above.
- Some teams may have a CWSC Head Coach assigned to them due to club expectations to raise the level of play of that team

Registration for both CMSA and ICHL programs runs from February 1 to March 1, 2011. Late fee of \$25 per registration applies as of March 2, and placement will not be guaranteed and based on availability.

Please note: CMSA players who have not paid their fees (registration/academy/head coach/extra gym fees (indoor only)) will be deregistered with CMSA by June 1 for outdoor, and December 1 for indoor.

Please access our online Registration link at <http://www.calgarywestsoccer.com/program-registration/> - opening February 1 2011.

CWSC TECHNICAL PROGRAM

CWSC Head Coaches

Renato Rosario is a certified Occupational Therapist and a graduate of Physical Education. He has Postgraduate degree in Exercise Physiology by Sao Paulo University (USP/ 2008). He has his Level 2 BFUT License and is the BFUT Specialist in Goal Keeper Training as well as a specialist in Futsal. He played at the university level in Brazil and California. Renato also played at Scandinavia Tournament 1993: Stockholm Soccer Cup and Gotta Cup (Stockholm and Gottenborg/Sweden), Dana Cup (Hjorring/Danmark), Wells Soccer Cup (Wells/Austria) and Norway Soccer Cup (Oslo/Norway). In 1996 he participated in the Caribbean Cup Tournament (Cancun/Mexico) and in 1997, played in Buenos Aires against Argentina's clubs. He has played professionally for 5 years as the goal keeper for the Sport Clube Corinthians Paulista in Brazil.

Nigel Brattle is an ex semi professional player with Port Vale FC U-15's & U-18's (English Football Association Division 3), Eastwood (Hanley) West Midland Premier Division, Cheshire League & North West Counties League. Natwich Town Cheshire League (Division 1 Champions). Congleton Town North West Counties League. Staffordshire County (Provincial) Representative Team. Competed in the English FA Cup (Qualifying Rounds) English FA Trophy & English FA Vase. Level 4 Bfut

Morgan Nkathos is an ex-professional player with Olympiakos FC, Greece, having played in the UEFA Champions League, the Danang City F.C (Vietnam), African Wanderers F.C (South Africa), Avendale Athletico F.C (South Africa), Jomo Cosmos F.C. (South Africa), Slask Wroclaw F.C. (Poland), Sundowns F.C. (South Africa) and Caps United (Zimbabwe). He was also a member of the Zimbabwe National U17, U19, U23 and Senior Men's Teams with over 79 caps. Morgan is a Level 4 BFUT Licensed coach and a Level 1 FIFA licensed coach.

Germán Camacho has been playing soccer since a very early age and over the last 10 years, he has also been involved as a coach, trainer, and referee. He started playing in his native country, Colombia, and trained with the lower divisions of one of the most prestigious soccer clubs in Colombia, Club Deportivo Los Millonarios. After moving to Canada, he began coaching and training for several soccer clubs in Calgary, both youth and adult.

Of course, throughout this, he never stopped playing soccer and in 2007, he founded and managed a new soccer club, F4 Life, in the Calgary United Soccer Association. In 2006, he became certified as an Alberta Soccer Association Referee. Two years ago, he became a Certified Personal Trainer and has since been training athletes for different disciplines as well as soccer players. Currently, he is working towards achieving his B License in coaching to be accredited through the Canadian Soccer Association.

Emmanuel Kwasi Afrainie is known as the King of Coaches in Ghana. Coach Hene was the coach of the Ghana Men's National Black Stars team and took the team to the African Cup of Nations in 1982 which took first place. He also coached the Black Stars at the African Cup of Nations in 1984 in Ivory Coast. In 1984-1987 he was the



Facts about Speed...from Glenn Vergie

Several types of speed are demonstrated in each and every game. There are three different types of soccer speed: **sprint speed**, **quickness** and **technical speed**.

Sprint speed or acceleration is the ability to run fast over relatively short distances. Your players need sprint speed when making runs - dribbling on a breakaway - or getting back on defense. Usually, your forwards are your fastest players. Their speed often creates scoring opportunities. However - a fast defender can also play more aggressively on attack or counter-attack.

Quickness is the ability to react - take a fast first step - change directions and move explosively on or off the ball. As fitness coaches, we define quickness as the ability to change direction or decelerate - 'slow down'...with speed. It is a great quality to possess as a soccer player. In fact, research has proven that the main factor that separates elite (professional) athletes from non-elite athletes is the ability to change direction quickly. Many of the world's best players - Messi, Ronaldo, Rooney...are not exceptional sprinters - but they are extremely quick.

Training players for quickness takes several forms. Plyometric training helps develop the explosive skills that make for quickness. Reaction drills help train the neuromuscular system to react with greater speed. Speed skill drills help train the ability to move quickly with the ball. For example, you might conduct a whistle drill where players dribble a ball and make turns on the sound of your whistle. For defenders, games of keep away help develop the ability to move to the ball quickly.

Quickness or SAQ training is a critical part of our training and is therefore taught and practiced during all of our fitness sessions. A well conditioned soccer player has the ability to slow down and change direction quickly while maintaining proper balance and coordination. This is something that **MUST** be practiced several times per week, year round.

It is important for soccer speed training to incorporate deceleration drills. This is particularly important for female athletes. Many female athletes tear their **ACL** because they have a poor ability to slow down and weak 'hip muscles'. Female athletes as young as twelve years old are susceptible to tearing their ACL.

This type of non contact injury occurs when an athlete has to slow down to change direction. Research tells us that the chances can be drastically reduced with proper deceleration training.

Training players for quickness takes several forms...Plyometric training helps develop explosive skills and movements. Reaction drills help train the neuromuscular system to react with greater speed. Speed skill drills help train the ability to move quickly with the ball. For example - in our sessions we have numerous drills involving reaction with jumping - followed by several short sprints with random changes of direction

Technical speed is the ability to execute fundamental soccer skills quickly. It is the most specific form of soccer speed. The world's best players are exceptional -because they have great technical speed. They are able to control the ball and execute with speed. Technical speed however...usually takes years to develop. Players with good technical speed are able to collect balls delivered at varying heights, angles and velocity.

Coaches love players that are fast! Players with speed make the difference. Most soccer players and coaches know that 'movement' is the key to success in soccer performance. Since the average player only touches the ball 2-3% of the time, players that possess SPEED and QUICKNESS and are first to the ball...have the obvious advantage.



Newsletter # 10

Feb 1 2012

Technical Coordinator of the National Football Teams in Ghana From 1990 he was appointed to Head Coach of the National U17 Ghana team, qualifying for Italia'91 JVC Youth World Cup. In 1997 he coached the U17 Men's National team to a silver place finish in the JVC World U17 World Championship in Egypt (97) losing only to Brazil in the final. In 2001, in charge of the U20 National Men's team, Coach Hene won silver in Argentina, losing in the finals to Argentina. In 1999 Coach Hene also coached the Ghana National Women's team which qualified for the first time for the Women's World Cup in the USA. Coach Hene has served as the Chief Soccer Coach of the National Sports Council of Ghana, the General Secretary of the Ghana Football Coaches Association, and the Technical Director of the Ministry of Youth and Sports, Government of Ghana.

Team Support

We will continue to offer Team Support (3) sessions to all CWSC team registered into the CMSA program. This year we will ask teams to come to a central location to attend team support sessions. These sessions will be additional to the teams' regular practices. Team Coaches are vigorously encouraged to attend.

Coach Development

CWSC In-House Coach Course

All coaches from the ICHL and CMSA Programs can attend any number of age-specific 3 hour sessions and will be provided with an age appropriate CWSC Coach Handbook with lesson plans.

All courses are free of charge (covered by your community/club). Coaches should plan to attend - please mark these dates on your calendar. Details will be e-mailed to you and a schedule posted to the website closer to the time. **Coaches will be able to sign up online by April 1.**

If you wish to apply to coach with CWSC, please fill in a Coach Application Form, found on our website <http://www.calgarywestsoccer.com/coaches/> and send to coachapplication@calgarywestsoccer.com

CWSC In-House Coach Development Schedule

Date	Time	Field "a"	Field "b"	Time	Field "a"	Field "b"	Time	Field "a"	Field "b"
Friday April 27th	6-9 pm	U4/U6 skills, games and 1v1-3v3 (25)	U8/10 skills, games and 1v1-3v3 (25)						
Sat April 28th	1 pm-4 pm	U4/U6 skills, games and 1v1-3v3 (25)	U8/10 skills, games and 1v1-3v3 (25)	4-7 pm	U8/10 skills, games and 1v1-3v3 (25)	U12-U14 skills, drills and 1v1-3v3 (25)	7pm-9pm	U4/U6 skills, games and 1v1-3v3 (25)	U12-U14 skills, drills and 1v1-3v3 (25)

NCCP Courses:

CWSC will also cover the cost for CWSC coaches in the competitive CMSA program to attend the NCCP courses offered through CMSA. CWSC coaches should register with CMSA and submit their invoice to CWSC for reimbursement. Locations to be determined by CMSA.



NCCP Courses

- Sat/Sun March 3 and 4 - Active For Life
- Sat/Sun March 3 and 4 - Learning To Train (Women Only)
- Sat/Sun March 24 and 25 - Learning To Train
- Sat/Sun March 31 and April 1 - Active For Life
- Sat/Sun April 21 and 22 - FUNdamentals
- Sat/Sun April 28 and 29 - Active For Life
- Sat/Sun May 5 and 6 - Learning To Train
- Sat/Sun May 26 and 27 - Learning To Train

CWSC Individual Player Training (IPT)

Is your child ready to take their soccer skills up to the next level and beyond? Our Individual Player Training Program (IPT) will help to develop and improve the technical and tactical abilities of individual soccer players. This is open to all players U8 and up who are willing to focus on their educational development. Players will be grouped by age group and competitive level.

The purpose of the IPT Canada Program is to develop and improve the technical and tactical level of soccer players through the BFUT Brazilian Educational Methodology.

Individual Player Training Canada

Summer Session 3 Year 2
2x a week for 5 weeks
July 10,14,17,21,24, 28 Aug 7,11,14,18
Tuesdays and Saturdays
Ranchlands DQ fields
Range Way and Rancho Drive NW
Cost 275

Focus on your technical abilities through the Individual Player Training program.

Open to all players willing to focus on their educational development. Players will receive an Individual Player Analysis based on physical, technical and tactical abilities.

Goalie Training U12-U16 5-6:30
U8 Mixed/U10 Girls and Boys (Tier B/C) 5-6:30
U10 Boys Tier A and U12 Boys Tier 1-3 6:30-8:00
U12 Boys Tier 4-6 and U12 Girls Tier 1-6 6:30-8:00
U14-U18 Girls and Boys Tier 1-3 8:00-9:30
U14-U18 Girls and Boys Tier 4-6 8:00-9:30

Registration / Information online at:
www.calgarywestsoccer.com
C/O UPS Crowfoot Store, Box 628 #105-150, Crowfoot Crescent NW, Calgary, AB T3G 3T2

Individual Player Training Canada

Session 2 Year 2
May 5, 12,19,26 June 2,9,16,23,30
Ranchlands DQ fields
Range Way and Rancho Drive NW
Cost 250

Focus on your technical abilities through the Individual Player Training program.

Open to all players willing to focus on their educational development. Players will receive an Individual Player Analysis based on physical, technical and tactical abilities.

Goalie Training U12-U16 4-5:30 pm
U8 Mixed/U10 Girls and Boys (Tier B/C) 4-5:30 pm
U10 Boys Tier A and U12 Boys Tier 1-3 5:30-7:00
U12 Boys Tier 4-6 and U12 Girls Tier 1-6 5:30-7:00
U14-U18 Girls and Boys Tier 1-3 7:00-8:30
U14-U18 Girls and Boys Tier 4-6 7:00-8:30

Registration / Information online at:
www.calgarywestsoccer.com
C/O UPS Crowfoot Store, Box 628 #105-150, Crowfoot Crescent NW, Calgary, AB T3G 3T2

The program will focus on:

- The complete development of the technical skills of soccer
- Understanding the why, when and how of each concept
- Development of fast reaction, speed of improvisation and penetration, and ball protection
- Develop unpredictable attacking with quick thinking and decision making
- Improve player's ability to read the game
- Develop the player's speed of reaction in any game situation
- Acquire ball mastery
- Goalie keeping training

The IPT program is open to all players willing to focus on their educational development. Players will receive an Individual Player Analysis (IPT Report Card) based on physical, technical and tactical abilities.



Crowfoot UPS Store
Box 628
#105-150 Crowfoot Cres. NW.
Calgary AB, T3G 3T2



Spring and Summer Sessions available for registration.

Located at the Ranchlands DQ fields.

Please visit our website at <http://www.calgarywestsoccer.com/individual-player-training-pro/> for registration details.

CWSC Emerson Summer Camps

Émerson Ferreira da Rosa will be in Calgary, with CWSC to guest coach our CWSC Summer Camps 2012!!

CWSC will also be holding **CWSC Summer Camps** this July in partnership with Fragata FC, the Club in Brazil established by **Émerson Ferreira da Rosa** – known as Émerson – was born in Pelotas, on April 4, 1976. He began playing at Grêmio where he was one of the highlights of the team and won the 1995 Copa Libertadores, the 1996 South American Recopa, the 1996 Brazilian Championship, among other titles. After a great period at Grêmio, in 1997, Emerson moved to Germany to play at Bayer Leverkusen. He played at the German team up to the year of 2000, then moving to Italy. After Romario was dismissed from the Brazilian Squad in the 1998 World Cup, Emerson was called up to substitute him. He took Brazilian Squad's jersey number 11, despite being a midfielder and not a forward as Romario. In 2000, Émerson signed with AS Roma, where, in 2001, he won the Scudetto and the Italian Super Cup. His performance called the attention of Juventus and Real Madrid. Roma wanted to sell him to Real Madrid, but Emerson chose to sign with Juventus. He was sold for approximately 15 million Euro.

Please visit our website for registration details.

Register soon. CWSC members and Community Partners will be able to access early-bird registration by March 1 2012. Public registration will open by March 15 2012. Spaces will be limited!

Summer Soccer Camps 2012

Train with
Émerson Ferreira da Rosa

Émerson Ferreira da Rosa, known as Émerson, was born in Pelotas, Brazil. Emerson played with Grêmio, BayerLeverkusen, AS Roma, Juventus, Real Madrid and Santos, as well as the Brazilian National Team. His long list of honors includes:

- Brazilian Cup: 1994, 1997
- Rio Grande do Sul State League: 1995, 1996
- Libertadores Cup: 1995
- Brazilian League: 1996
- Recopa: 1996
- Copa America: 1999
- Italian Supercup: 2001
- Confederations Cup: 2005
- Italian League: 2000/2001, 2004/2005, 2005/2006
- Spanish League: 2007
- European Supercup: 2007
- FIFA Club World Championship: 2007
- Naranja Cup of Valencia (Spain): 1996 Bertusconi Trophy (Milano): 2004

*He is a combative and dynamic defensive midfielder renowned for his tackling and passing, his nickname is **Il Puma** for his feline movements*

Week 1 July 2-6

1:30-4:30	U6Mixed
1:30-4:30	U8Mixed
8:30-12:30	U10G
8:30-12:30	U10B
9:00-4:00	U12/14B
9:00-4:00	U12-14G
9:00-4:00	U12/14 G/B elite

Week 2 July 9-13

1:30-4:30	U6Mixed
1:30-4:30	U8Mixed
8:30-12:30	U10G
8:30-12:30	U10B
9:00-4:00	U16-18B
9:00-4:00	U16-18G
9:00-4:00	U16/18 G/B elite

Camp Location

5720 Silver Ridge Drive NW
From Crowchild Trail, turn south on Silver Springs Gate NW.
Through the lights at Silver Springs Blvd onto Silver Ridge

Costs:

Half Day 3 hour Camps \$140
Half Day 4 hour Camps \$160
Full Day Camps \$240

Register at:

C/O UPS Crowfoot Store, Box 628 #105-150
Crowfoot Crescent NW, Calgary, AB T3G 3T2
www.calgarywestsoccer.com
Email: summercamps@calgarywestsoccer.com



CWSC Summer Play and Train

For recreational players who want to keep playing soccer in the summer after the spring community house leagues are over, the CWSC Summer Play and Train program provides 6 weekly sessions for each age group, once a week (or register for 2 sessions). Qualified Head Coaches will provide a fun, development focused curriculum for players U4-U14. Full uniform included.

SUMMER PLAY AND TRAIN



A fun, development focused program building on the **FUNDamentals** of soccer

- For players aged 4-14
- 6 Weekly sessions over the summer, once a week, or register for 2 sessions and Play and Train twice a week
- Qualified Head Instructors
- Player-Instructor ratio of 8:1 for U4/6/8 and 12:1 for U10-U14
- Age appropriate technical curriculum to ensure players have fun, learn and develop their skills

Age Group	Year of Birth
U4	2008-2009
U6	2006-2007
U8	2004-2005
U10	2002-2003
U12	2000-2001
U14	1998-1999
U16	1996-1997
U18	1993-1994

Cost: \$150

Dates: July 2-5./July 9-12/July 16-19. July 23-26/July 23-August 2/August 13-16
Cost: \$150 for 6 weekly sessions
Location: Silver Springs Community Field 5720 Silver Springs Blvd NW

Time	Mondays	Mondays	Wednesday	Wednesdays	Thursdays	Thursdays
5:00-6:00	U4 M	U6 M	U6 M	U4M	U8 G	U8B
6:00-7:00	U8 B	U8 M	U4M	U8 G	U6 M	U12B
7:00-8:00	U10 G	U10B	U12G	U12B	U14G	U14 B

Registration/Information online at
www.calgarywestsoccer.com

C/O UPS Crowfoot Store, Box 628 # 105- 150, Crowfoot Crescent NW, Calgary, AB
 T3G 3T2
 Email: admin@calgarywestsoccer.com



CMSA PROGRAM CALENDAR Outdoor 2012

Photo Identification

By Appointment only dates

- Tue April 10 to Thurs April 12 - Photo Identification 4:00PM – 8:00PM (CMSA office)
- Sat April 14 - Photo Identification 10:00AM – 5:00PM (Calgary **WEST** Soccer Centre)
- Sun April 15 - Photo Identification 10:00AM – 5:00PM (Calgary **WEST** Soccer Centre)
- Tue April 17 to Thurs April 19 - Photo Identification 4:00PM – 8:00PM (CMSA office)
- Sat April 21 - Photo Identification 10:00AM – 5:00PM (CMSA office)
- Sun April 22 - Photo Identification 10:00AM – 5:00PM (CMSA office)
- Tue May 1 to Thurs May 3 - Photo Identification 4:00PM – 8:00PM (CMSA office)

Team Representative Meetings

- Tue April 24 - U16 Meeting, 7:00PM Cardel Theatre
- Tue April 24 - U18 Meeting, 8:30PM Cardel Theatre
- Wed April 25 - U12 Meeting, 7:00PM Cardel Theatre
- Wed April 25 - U14 Meeting, 8:30PM Cardel Theatre
- Thurs April 26 - U8 Meeting, 7:00PM Cardel Theatre
- Thurs April 26 - U10 Meeting, 8:30PM Cardel Theatre

League Play and Schedules: U8

- Fri April 20 - Schedules will be available on website
- Sat April 28 - Season games commence
- Sat June 2 - U8 Soccer Festival
- Sat June 23 - U8 Wrap-Up Festival

League Play and Schedules: U10

- Fri April 20 - Schedules will be available on website
- Sat April 28 - Season games commence
- Fri June 22 to Sun June 24 - U10 Outdoor City Finals

League Play and Schedules: U12 – U18 Tier IV, V and VI

- Fri April 20 - Schedules will be available on website
- Sat April 28 - Regular season games commence
- Fri June 22 to Sun June 24 - Tier VI Outdoor City Finals
- Thurs July 5 - Tier V season games end
- Thurs July 12 - Tier IV games end
- July 14 & 15 - Tier V Inter-Cities Championships (Boys-Edmonton; Girls-Calgary)

League Play and Schedules: U12 – U18 Tier I-III

- Fri April 20 - Schedules will be available on website
- Sat April 28 - Regular season games commence
- Thurs July 26 - Tier III games end
- Thurs August 2 - Tier II games end
- Wed August 8 - Tier I games end

Summer League Play and Schedules: U8, U10, U12 and U14



- Wed June 27 - Team entry deadline, full team fees due
- Wed July 11 - Schedules will be available on website
- Wed July 18 - Games commence
- Wed Sept 5 - Games end

ASA Youth Provincials

- Fri/Sat/Sun July 20th, 21st, 22nd - U12 – U18 Tier IV Provincials
- Fri/Sat/Sun August 10th, 11th, 12th - U12 – U18 Tier III Provincials
- Fri/Sat/Sun August 17th, 18th, 19th - U12 – U18 Tier II and U12 Tier I Provincials
- Thu/Fri/Sat/Sun August 23rd, 24th, 25th, 26th- U14 – U18 Tier I Provincials

NCCP Courses

- Sat/Sun March 3 and 4 - Active For Life
- Sat/Sun March 3 and 4 - Learning To Train (Women Only)
- Sat/Sun March 24 and 25 - Learning To Train
- Sat/Sun March 31 and April 1 - Active For Life
- Sat/Sun April 21 and 22 - FUNDamentals
- Sat/Sun April 28 and 29 - Active For Life
- Sat/Sun May 5 and 6 - Learning To Train
- Sat/Sun May 26 and 27 - Learning To Train

Alberta Summer Games

- Tue May 22nd - ASG Trial One (Open)
- Sat May 26th - ASG Trial Two (Open)
- Tue May 29th - ASG Trial Three (Invite)
- Tue June 5th - Final ASG Team Selection (Invite)
- Thurs July 26 to Sun July 29 - Alberta Summer Games, Lethbridge

2012 Outdoor Tournaments

17th Annual President's Cup: All U10, All U12 and U14 – U18 Tier IV and below – May 18th, 19th, 20th, 21st

- Wed Feb 1 - Registration opens
- Fri April 27 - Team entry deadline
- Mon May 7 - Schedules are available
- Mon May 14 - Team Rosters Due
- Fri May 18 - Tournament commences
- Mon May 21 - Tournament ends

27th Annual CMSA U6 and U8 Soccer Festival

- Wed Feb 1 - Registration opens
- Fri May 11 - U6 Team entry deadline
- Fri May 25 - U6 schedules are available
- Sun June 3 - U6 Mini Soccer Festival
- Fri May 11 - U8 Team entry deadline
- Fri May 25 - U8 schedules are available



Sat June 2 - U8 Mini Soccer Festival

Giddy Up Cup: Boys and Girls U14 – U18 Tier I, II, and III, July 6th, 7th, 8th

Wed Feb 1 - Registration opens
 Fri June 15 - Team entry deadline
 Wed June 27 - Schedules are available
 Mon July 2 - Team Rosters Due
 Fri July 6- - Tournament commences
 Sun July 8 - Tournament ends

CMSA League Structure

Tier I U14-U18

1. Each organization in good standing with CMSA may enter 1 team in Tier I should they feel they have the players at that level (both indoor and outdoor)
2. 2nd Tier I Team Process – Club may submit applications for a 2nd Tier I team in any age group.
 - a. The application process will include:
 - i. Resume Process
 - ii. Interview Process
 - b. Application deadline will be August 10 for the Indoor Season, and January 20 for the Outdoor Season.
 - c. Teams submitting applications for a 2nd Tier I team in any age group must also submit their club's 1st Tier I team information with the 2nd team application.
 - d. \$250 application fee (per team) is will be required in order for the application to be considered complete. (fee will be refunded if the team is accepted into Tier I)
3. A team that loses 90% of the games and/or has a record of 6 or more games with a goal difference of 5 goals in Tier I will be subject to the 2nd team process in order to play in Tier I for the next season.
4. Resume Process – A resume will be submitted to the CMSA Programs Committee by any clubs wishing to submit a second Tier I team in U14-U18.
 - a. A set formatted document will be provided by CMSA
 - b. The resume should be completed by the appropriate club executive or staff e.g. (Exec Director, General Manager, VP, and Technical Director)
 - c. Application deadline will be August 10 for the Indoor Season and January 20 for the Outdoor Season
5. Interview Process
 - a. Chaired by a CMSA Director
 - b. All clubs with teams in Tier I may send a representative to the Tier I Selection meeting.

U14-U18

1. Tier I, Tier II/III Seeding, Tier IV/V Seeding, Tier VI (no Tier VI for U16 or U18)



2. Tiers I-IV leads to Provincial Competition. Tier V leads to Inter-Cities, Tier VI leads to Outdoor City Finals
3. U14, U16 and U18 Tier II and III - will be combined into Tier II / III seeding groups. Anyone can enter their team(s) into these groupings and rank each of their teams (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, teams (to be determined when the format is originally created) will advance to Tier II or III playoffs. Again, the format will depend on the number of teams entered. At the end of season, the top finishers in Tier II and III will advance to ASA provincials.
4. U14, U16 and U18 Tier IV and V - will be combined into Tier IV / V seeding groups. Anyone can enter their team(s) into these groupings and rank each of their teams (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, teams (to be determined when the format is originally created) will advance to Tier IV or V playoffs. Again, the format will depend on the number of teams entered. At the end of season, the top finishers in Tier IV will advance to ASA provincials and the top finishers in Tier V will advance to Inter Cities Championships.
5. Tier VI Teams will be entered into a seeding round in one of four Zones:
 - a. Zone 1: Calgary North-West
 - West of Deerfoot Trail, North of the Bow River
 - b. Zone 2: Calgary West-Central
 - West of Deerfoot Trail, South of the Bow River, North of Glenmore Trail
 - c. Zone 3: Calgary North-East
 - East of Deerfoot Trail, North of Glenmore Trail
 - d. Zone 4: Calgary South
 - South of Glenmore Trail
6. At the conclusion of the Seeding Rounds, teams will be grouped by level of competitiveness into City-Wide divisions.
7. For all age groups, Tiers I-III may play any day of the week.
8. U14 Tier IV/V will play on Tuesdays and Saturdays. U14 Tier VI will play on Wednesdays and Sundays.
9. All U16 and U18 divisions can play any day of the week.
10. U14 Tier IV, V and VI games are played on community (club) supplied fields. Referees are scheduled and paid by the home organization.
11. U14 Tier I-III and all U16-U18 games are played on CMSA supplied fields. Referees are scheduled and paid by the Calgary Soccer Federation (CSF).

U12

1. Tier I/II Seeding, Tier II/III Seeding, Tier IV/V Seeding, Tier VI



2. Tiers I-IV leads to Provincial Competition. Tier V leads to Inter-Cities, Tier VI leads to Outdoor City Finals
3. U12 Tier I, II, and III– U12 will be split into a Tier I / II, and Tier II / III seeding groups. Clubs are to make sure that teams they feel have a valid shot at a Tier I spot are placed into the Tier I / II seeding group. Anyone can enter their team(s) into these groupings and rank each of their team (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, teams (to be determined when the format is originally created) will advance to Tier I, II, or III playoffs. Again, the format will depend on the number of teams entered.
4. U12 Tier IV and V - will be combined into Tier IV / V seeding groups. Anyone can enter their team(s) into these groupings and rank each of their teams (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, teams (to be determined when the format is originally created) will advance to Tier IV or V playoffs. Again, the format will depend on the number of teams entered. At the end of season, the top finishers in Tier IV will advance to ASA provincials and the top finishers in Tier V will advance to Inter Cities Championships.
5. Tier VI Teams will be entered into a seeding round in one of four Zones:
 - a. Zone 1: Calgary North-West
 - West of Deerfoot Trail, North of the Bow River
 - b. Zone 2: Calgary West-Central
 - West of Deerfoot Trail, South of the Bow River, North of Glenmore Trail
 - c. Zone 3: Calgary North-East
 - East of Deerfoot Trail, North of Glenmore Trail
 - d. Zone 4: Calgary South
 - South of Glenmore Trail
6. U12 Tier IV/V will play on Wednesdays and Sundays. U12 Tier VI will play on Tuesdays and Saturdays
7. Tiers I-III may play any day of the week.
8. All U12 games are played on community (club) supplied fields. Referees are scheduled and paid by the home organization.

U10

1. League format will remain the same as previous seasons (Tiers A-C; seeding round and playoff round where possible)
2. U10 Tier A will be scheduled on Wednesday and Sunday. U10 Tier B will play on Mondays and Saturdays (except May 21 – games will be played on the 22nd). U10 Tier C will play on Thursdays and Sundays.
3. All U10 teams will be participating in the U10 Outdoor City Finals on June 22 to 24, 2011.
4. Scoring will continue to be a one goal difference.



- All U10 games are played on community (club) supplied fields. Referees are scheduled and paid by the home organization.

U8

- U8 games will be scheduled on Saturdays starting April 21.
- Entry into the CMSA U8 Minifest on June 2 is included (2 games on one day)
- Teams will finish the season with a Wrap-up festival on June 23.
- Clubs entered into the CMSA league can order player kits (Jersey, shorts, socks) from Shane Homes for all teams at no cost through the CMSA office.
- All U8 games are played on community (club) supplied fields. There are no referees for this age group.

U8 – Summer League

- U8 Summer League games will be scheduled on Wednesday evenings starting July 18 (after Stampede)
- Last games will be scheduled on or before September 5
- Teams must be registered in the Spring League in order to register for the Summer League
- All games will be played on community (club) supplied fields. There are no referees for this age group.

U10 – Summer League

- U10 Summer League is available to teams registered in Tier A, B and C for the spring league
- League games will be scheduled on Wednesday evenings starting July 18 (after Stampede)
- Last games will be scheduled on or before September 5
- All games will be played on community (club) supplied fields. Referees are scheduled and paid by the home organization.

U12 – Summer League

- U12 Summer League is available to teams registered in Tier IV, V and VI for the spring league
- League games will be scheduled on Wednesday evenings starting July 18 (after Stampede)
- Last games will be scheduled on or before September 5



4. All games will be played on community (club) supplied fields. Referees are scheduled and paid by the home organization.

U14 – Summer League

1. U14 Summer League is available to teams registered in Tier IV, V and VI for the spring league
2. League games will be scheduled on Wednesday evenings starting July 18 (after Stampede)
3. Last games will be scheduled on or before September 5
4. All games will be played on community (club) supplied fields. Referees are scheduled and paid by the home organization.