



Newsletter # 6

Feb 1 2010

Welcome to our sixth CWSC Newsletter – we have recapped the Indoor 2009/10 Season and hope you will find all the information you need to register for Outdoor 2010

Before we begin, we would like to ask all CWSC members to not phone the West Soccer Centre to try and contact CWSC. We are two separate organizations. Contacts for CWSC Board members, Age Group Coordinators, and Head Coaches and our Administrator can be found on our Contact page <http://www.calgarywestsoccer.com/board-of-directors/>

INDOOR 2009/10

HEAD COACH REPORT

Dear CWSC members:

I hope everyone had a wonderful Christmas and a nice break from soccer. As we prepare to kickoff the second half of our indoor season, I would like to update everyone on how our teams are doing.

Now that the seeding round is over, teams are preparing for the playoff round that starts early January.

On the girls' side, our U10 Tier A Fury team is currently in first place after 10 games. Our other U10 team Lynx will be competing in Tier C Division 1.

Our U12 Thistle team will be competing in Tier 4 and are currently tied for 2nd place after two games. Our U12 Vasco team will be competing in Tier 5 Inter-Cities D division.

U14 Aston Villa made it to Tier 3 and is tied for third place after 3 games. U14 Sparta is competing in Tier 4 and they won their first playoff game

U14 Revolution will be competing in Tier 5.

Our U16 teams Bayern and Barcelona made it to Tier 4. Bayern has won its first game while Barcelona has already played two games (a tie and a loss). The U16 Tottenham will be competing in Tier 5 Inter-Cities C/D.

On the boys' side, our U10 Tier A Palmeiras is currently in third place after ten games. U10 Arsenal will be competing in Tier B Division 2 and our other U10 Tier B team Sampdoria will be playing in Division 3. Our Tier C teams had a great seeding round, Kickers went all six games undefeated and earned a spot in Division 1, Americas and Deportivo had winning records of 4 wins and 2 losses and will be competing in Division 2.

WALL OF FAME



Check out our team photos in the WALL of FAME on our webpage. Coaches and parents - you are welcome to post photos and stories of your team any time. Please send your photos and stories to [Sheralyn at admin@calgarywestsoccer.com](mailto:admin@calgarywestsoccer.com) and they will be posted.

Our U12 Inter team qualified for Tier 1, making it as the only '99 team to be in the two divisions. They will be playing against '98 teams in the playoff round. Our other U12 teams, Colo Colo will be playing in Tier 3, Nacional will be in Tier 4 winning their first game and Milan will be in Tier 5. Cosmos will be playing in Tier 6 Division 1. They won their first two games.

Our U14 boys Tier 1 team Santos is currently in sixth place after 8 games but only two points out of third place. Our other U14 teams, Newcastle will be playing in Tier 3 and have a win and a loss so far. Olympiakos will be in Tier 4 Division 2 and have won their first game. Atletico and Gremio are participating in Tier 5 with Atletico playing in Inter-Cities playoffs A/B and Gremio in C/D. Atletico have a 2 wins and a loss so far.

Our U16 boys Real Madrid got promoted into Tier 2 and is currently tied for second place after two games. Our other team Botafogo is playing in Tier 4

Our only U18 boys team Torino has maintained its position in Tier 2 and will try to compete for Provincials.

I want to thank all of the team coaches, assistant coaches and their managers for working so hard to make the game of soccer as enjoyable as possible for our boys and girls.

When you are at the South or the West Soccer Centre and you see one of our teams playing, please take a moment to stop and cheer our teams on.

Good luck to all CWSC teams in the second half of the season.

Best regards and wishes.

On behalf of the Head Coaches.

Milan Bartosz

PLAY AND TRAIN PROGRAM

Play and Train has been coming along well so far this season. With the help of 3 of our own CWSC Assistant Instructors – Miranda Arkley (U16G Bayern) and Dominic Liao-McPherson (U18B Torino), and with special thanks to Luke Kyne (U14B Santos), helping us out as a volunteer, our Play and Train players of all ages have shown improvements in their ball control, passing and game awareness.

We have seen progress with the U6 boys and girls in their ability to control the ball and pay attention during practice and games. We will be able to continue work on their skills in the upcoming sessions. The U8 boys and girls have begun to make smart plays during the games, and are continually working hard in practices. We are hoping to further develop their skills and game awareness. The U10 and U12 boys and girls are also starting to make good decisions in games, including moving to space instead of towards the ball and using good judgment about when to carry the ball and when to pass. The U14 boys and girls are beginning to truly grasp the concept of playing as a team. They are making one-time passes and talking to each other on the field.

Although this is recreational soccer, we are starting to see some stars of the future!

Steve Tucker
Jo Dalton
Play and Train Head Instructors

BOARD REPORTS

President’s Report

Following on our successful outdoor 2009 season, this indoor 2009/10 we grew again by another 25% in our CMSA program, with an increase of just over 100 players! The greatest growth was seen in our U6M, U8, U10/12/14B and U14G age groups.

CWSC–BFUT Partnership

The Board met on Friday, June 12, 2009 to discuss the need for a long term vision and strategy for the future growth and development of CWSC. As a new club, we went through bumps and bruises to arrive at the stage we are at now – with high growth rates and a streamlined administrative and management system. However, there have been many questions raised by members about *what now* – what is the plan for players that want to be exposed to higher levels of play and greater opportunities in soccer? The Brazil trip was one example of what we can organize for players that want that extra soccer opportunity. Since June 12, 2009, the Board has put together an exciting new partnership with BFUT to facilitate our next development as a club, to enhance our ability to provide innovative and dynamic technical support to our team coaches and players, and to make CWSC the club people turn to for a positive, fun filled and learning oriented soccer experience.

To this end, CWSC has partnered with BFUT - Instituto Brasileiro de Futebol, an educational institute dedicated to teaching Brazilian soccer within North America.

The BFUT Director, Thadeu Goncalves will be our Director of Education as an external consultant, supervising the development and application of the education programs for CWSC departments – goalkeeper school, competitive, stars and recreational.

We will be developing age progressive (vertically recreational (Play and Train, HL and ICHL) and competitive integrated) curriculum for both the (CMSA) programs.

We will be focusing on coach development as the most effective and sustainable means of facilitating education and development of all players. We will also be providing player development clinics and camps to bring the BFUT methodology right to the level of the players.

To facilitate this Partnership, we will be restructuring our technical program organization. The **Head Coach** role will now be shared by Milan Bartosz, Nigel Brattle, Dominic Hickey, Darrol Graham, Steve Tucker and Lee Jackson. Each Head Coach will head their respective department as follows:

Thadeu Goncalves
 BFUT President | BFUT Level 1 License | USSF A License | Master in Education/Human Movement (Boston University) | Coaching, Teaching, sports Medicine and Sports Psychology | BFUT Coaching Director | The Principles of Brazilian Soccer book author | Sao Paulo FC and Paulista FC (Brazil), former player development coordinator.



each of the development, mini

High Competitive U14B and U16G/B U18G/B	Dominic Hickey
Competitive U12B-U14G	Milan Bartosz
Development U10G/B and U12G	Nigel Brattle
Mini Stars U4/U6/U8 and Super U8	Steve Tucker
Community Recreation (all ages)	Lee Jackson
Goal Keeper School	Darrol Graham

These groups will be under the management of the Executive Director, a newly created position for the Club.

Dominic Hickey will also be the Director of Try Outs, with each Head Coach responsible for team formation and coach placement within their respective department.

Nigel Brattle will take over as Director of Academy.

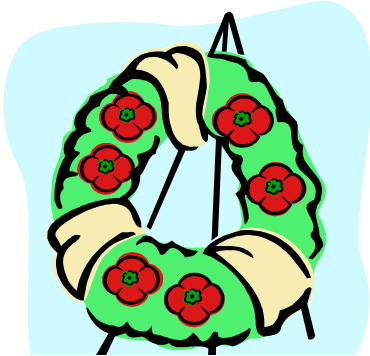
CWSC will also be launching CWSC-BFUT Summer Camps this July and August – with Brazilian instructors coming up to Calgary to provide exciting Brazilian style soccer camps – half day and full day – for all CWSC and Partner Community players U4-U18. We also hope to provide Christmas, Spring Break and Easter camps in the following year.

CWSC wishes to welcome Thadeu Goncalves to our club with confidence that our partnership will help CWSC become the club of choice for players wanting an educational, development focused soccer experience that will keep players playing at their desired recreational and/or competitive level into their adult years. We believe that through education and development, the desired competitive results will follow.

Jason and Jane Louie Memorial Scholarship

In memory of Jason and Jane Louie, CWSC will be establishing the Jason and Jane Memorial Scholarship Trust Fund.

Jason dreamed of being a professional soccer player. In the short time he was with us, he endowed our U14B Santos team with a legacy of leadership and an enduring will to learn. Jane is described as one of the best players on her team who could play anywhere on the field, even goal, and wherever she played she led her team with brilliance.



The Scholarship Fund will share Jason's and Jane's passion for soccer and their dreams with us. It will help CWSC players to pursue their dreams to play professionally and at the university level. A donation and application process is being developed.

Board news:

Annual General Meeting and New Board

The AGM will be held on February 18 at 7:00 pm at Hawkwood Elementary School. Copies of the Minutes of the Meeting and the President's Report will be posted on our website. We hope you will plan to attend - it is your chance to have direct input into the club operations.

The following are standing for Board Director positions:

- Greg Enno standing for Director Operations
- Shawna Hansen standing for Director ICHL
- Angie Soutar standing for Director Programs
- Mark Hughes standing for Treasurer

A warm thank you to the following Directors who will be stepping down:

CWSC BFUT Summer Camps

Watch for our new CWSC-BFUT Brazilian Summer Camps – this summer for all ages pending ASA Sanctioning.

3 or 4 hour half day camps for U4-U10

Full day camps for U12-U18

Girls, Boys and Mixed

July 5-9

July 12-16

July 19-23

July 26-30

August 3-6 (4 day)

Location TBD

Registration brochures will be sent out by March 2010.



Linda Braun, Secretary
Jeff Weiland, Treasurer

The following Board Directors stood for election last year and remain on the Board:

Mary Liao, President
Beth Gerrard, Vice President
Janice Walker, Director, Fields
Steve Ward, Director, Community Liaison
Miguel Kanafany, Director, Fund Raising
Bindya Raju, Director Referees
Rose Simard-Bachand remains as Past President

We are looking for new Board members to start to train for the following positions:

Secretary
Referees

Please download the [Board schematic](#).
Thank you to all Board members for your hard work for CWSC.

Mary Liao
CWSC President

Equipment/Clubwear Report

Terry Chong stepped down in September 2009. The Board and Club sorely misses her amazing ability to provide uniforms and equipment in a timely fashion to all teams.

However, we were fortunate to welcome Greg Enno to the Board as Director, Operations immediately. Greg quickly took over from Terry and worked with Monica Gottschling to pull equipment and uniforms together for the start of the indoor season. It was no small challenge due to our growth

This season our club had more CMSA teams plus 6 Super U8 teams. We scrambled at the beginning to provide equipment to all the teams and a **BIG thank you to Greg** for his work getting all the equipment bags together so quickly, and a warm welcome to the Board.

Mary Liao

Thanks Mary! Again this season we saw our club expand, adding 8 new CMSA teams plus an expanded Play & Train program. This wonderful development was not entirely expected in the face of the troubled economic times and put a bit of a strain on our equipment reserves, but we managed to get the equipment back from the outdoor teams and ready for the indoor season. I'd also like to thank Monica for her hard work getting the club ready for indoor this year. Her efforts were invaluable!

My moving onto the CWSC Board has caused a vacancy in the Equipment Coordinator position with the club, which I've held for the past 5 seasons. If you are interested in getting your full volunteer credit while enjoying being a spectator during the indoor and outdoor seasons, please let me, Greg Enno (directoroperations@calgarywestsoccer.com) know, and I'll get you set up. Yes, it can be a little crazy between seasons, but you never have to do it alone as you can always call for and get other volunteers to help out.

Last season we instituted an annual review of the team First Aid kits and had them all inspected and restocked in time for this season. Thank you to Alison McGrath for doing the necessary refurbishments and for making up new First Aid kits to meet our growing needs.

In keeping with the club's adoption of the Brazilian soccer development program through the BFUT partnership, we ordered a futsal ball for each team to make it part of the regular equipment. A futsal ball is about the diameter of a size 4 soccer ball, which has been weighted to resemble a size 5, but with a reduced bounce by about 30% compared to a conventional ball to make it more suitable for indoor use. This enables faster play/drills, with emphasis on improvisation, creativity, technique as well as ball control and passing in small spaces. In consultation with BFUT and as our budget permits, we hope to expand our team inventory to include other equipment aimed at enhancing our player's soccer skills.

Last season we ordered custom White/Green jerseys as alternate uniforms for teams that may play other CWSC teams in their division and for tournament wear. Unlike the green game jerseys, the white jerseys are not distributed to individual players, but rather are kept as complete sets by the coaches. However, because our club grew, we were initially short a couple of white sets. Many thanks for teams and players for their patience and understanding while we ordered and distributed the required jerseys. Keeping track of all the jerseys is a big task; we have name bars, green and white jerseys to work with. Another "Hats-Off" to Monica, our Uniform Coordinator!

We continue having some teams with their names on their jerseys. Players on many teams had asked if they could have their names on their jerseys so we adopted an idea from hockey teams and had "name bars" made. They can be removed at the end of the season if necessary. Not all teams had names put on their jerseys, it was by request only. We have a specific person to sew them on to keep the look consistent across the teams and to avoid damaging the jerseys. We will continue to offer the player names in the future for those teams who request the service. The cost currently is \$8.00 per player (not included in the regular fees). Note that once a player's name is on a jersey, it can remain on from season to season, avoiding additional \$8.00 fees. Unfortunately, this option is only available to players who play both indoor and outdoor consecutively and as long as they don't grow out of their jersey. ☺

It was great to see all of our players wearing their green training t-shirts to practice. We gave all players a practice t-shirt again for the indoor season. The board also decided to give each player socks (no shorts) for indoor; **any player can purchase club shorts at KICKS**. This helped keep registration costs down and was considered by the board because many players do not need new shorts each season.

If you are interested in donating, buying or selling gently used cleats, Sports Traders in Crowfoot provides this service. The Club will once again be collecting used soccer gear at tryouts to ship overseas.

We continue to have KICKS in Varsity handle all our clubwear needs. Pop in and check it out. Again this upcoming season Kicks will have club practice balls with our CWSC Logo on them (sold out currently).

We are a very young club and the best way to advertise who we are is to wear your club wear loud and proud. We encourage all players and parents to support CWSC and go GREEN!!!

Greg Enno
Director Equipment

Facilities and Field Report

Due to the amazing growth of the Calgary West Soccer Club, it has been a challenge to find practice gyms for our teams this indoor season. We have increased our membership by over 25%, and have added a Competitive Over 35 (Masters) Men's team as well.

As soccer becomes more popular in the city, it is increasingly more difficult to find gym space in the city schools. Many schools have their own activities booked in the evening, i.e. gymnastics, karate, etc.

We were very fortunate, however, to obtain additional gym times at Bearspaw Christian School this season, and hope to have a lengthy partnership with them. Next indoor watch for our new lease with 2 full size gyms at Bearspaw Christian School, which will ease all of our practice shortages and allow us to run Christmas, Easter and Spring Camps, as well as Futsal Tournaments.

A big thank you to the coaches and parents for their patience and flexibility in regards to scheduling the teams regular practices.

Janice Walker
Director, Fields and Facilities

Volunteer Report

Special thanks go out to our great team of Coaches, Assistant Coaches and Team Managers, who once again made our children's soccer experience so rich. Many of them return to us each season, and we are thankful for their great commitment and dedication. We hope those new to those positions have enjoyed their season, and will consider fulfilling these roles again.

With our club continuing to grow season after season, we appreciate having some special volunteers who fulfill the same larger volunteer role each time, especially during registration. Agnes Leeson and Lynn Faber are two of them, and their contribution has been invaluable. Thank you! We couldn't do it without you.

We also thank the many volunteers who helped out at the team level, undertaking a myriad of jobs over the season, and to those who volunteered at the club level, to ensure things ran smoothly.

Final thanks goes out to our hard working President, Mary Liao, and other board members, whose commitment to the Club and its members is responsible for the large increase in our numbers each season.

Our Club continues to grow and get better, and we couldn't do it without your support. Thank you!

Sheralyn
CWSC Administrator

Outdoor 2010

Registration

We will continue to offer credit card payments with online registrations. Cheques will still be accepted, but members are strongly encouraged to utilize the convenience of credit card or INTERAC payment.

Programs

For this Outdoor Season, we will continue to offer the recreational **Inter-Community House League program (ICHL)**, and the **Competitive CMSA League** program (Tiers 1-6). We will also continue to offer a **Super U8 ICHL Program** for those U8 players who played in the CMSA U8 program in indoor and want to continue playing in a more competitive format (7v7).

New this year, we will be offering registration into the new **CMSA U8 4v4 spring and summer leagues** – see CMSA flyers on our website.

We will also offer registration into a summer **CMSA U10 league**. Note: To register for the summer U8 and U10 leagues you must be registered in the spring U8 and/or U10 leagues.

Please see our website under Programs for details on the features of each program.

<http://www.calgarywestsoccer.com/program-overview/>

ICHL Program

The ICHL recreational league is intended to provide a community based program for U10-U18, with the added spice of inter-community rivalry. The ICHL/Recreational component of the Calgary West Soccer Club is a continuation of each community's house league for those players that do not want to move up to the competitive program. We coordinate the league for all players in the U10 to U18 age categories. Most, if not all, U10 games are played within your current community or a surrounding community (Arbour Lake, Bowness, Citadel, Hawkwood, Ranchlands, Silver Springs, Scenic Acres, Tuscany or Valley Ridge). Due to the number of players that continue to play declining at the higher age groups, we are also part of a NW community group which allows us to play against more communities. This group does require some travel to other NW communities to play your games. The one nice thing about being a part of Calgary West is that our communities provide a large number of the teams and many games are played within our communities. As we form the teams at all age groups, we do take into consideration requests to play with certain players as well as which community you come from to help alleviate the problem of driving.

CALLING ALL REFEREES – EXPERIENCED AND NEW!!

With the start of the outdoor season coming up, Calgary West Soccer Club is actively recruiting referees. Calgary West Soccer Club welcomes back all referees from previous years and **extends** a special invite to those interested but new to being a referee. It's a great way for the older kids to learn more about the game and be a mentor to younger kids. CWSC will cover the cost of training for new referees and provide the referee jersey.

Monetary incentives are being continued in our referee program. We will host the refresher courses for people who have taken the referee training course before. Referees must be 12 years of age at the time of the ICL referee training course and 14 years of age for the CMSA referee training course. It's a great way to make a little extra cash while taking in nice summer evenings out on the soccer field.

If you are interested in refereeing for Calgary West Soccer Club or you know of someone who may wish to stay in touch with the great game of soccer, please email refereecoordinator@calgarywestsoccer.com

Currently the courses are scheduled for:

CMSA Entry level course- tentatively scheduled for April 11-12.
CMSA Refresher course – TBA
ICHL Course – tentatively scheduled for April 11-12

Schedules and Locations to be confirmed. Please watch our website.

CWSC will be offering a Super U8 ICHL division intended to provide that extra level of competition for U8 players that have grown out of the regular U8 house league format. This program is intended for U8 players that have played soccer before, either a number of years in the Outdoor U6-8 house league program, or the U8 indoor CMSA league with CWSC. These U8 teams will play on U10 fields in a 7v7 format with referees and will play 1 game (Saturdays) and have 1 practice (Wednesdays) a week.

For the upcoming season, all of the boys' games/practices will be held on **Tues/Thurs**, as will the U16/U18 mixed teams. All of the girls' games/practices will be held on **Mon/Wed**. For the U10 age group we are planning on having **one game and one practice** per week. If we form our own U12 league similar to the U10 league we will have **one game and one practice** per week. However the ICHL League has decided that **two games** per week will be the format. There may or may not be referees assigned to your games. In the CWSC communities there should be refs assigned on Mondays and Thursdays.

All **U10** and **U12** games and/or practices will begin at 6:15 and run until 7:20. All **U14** and **U16+** games and/or practices will begin at 7:30 and run until 8:45. Depending on your coach you may be required to get there 15 to 30 minutes before the start to have a warm-up.

Age Group	Year of Birth	Days	Playing Time
Super U8 Mixed	2002-2003	W/Sat	6:00-7:30 and 1:00-2:30
U10 Boys	2000-2001	T/Th	6:15-7:20
U10 Girls	2000-2001	M/W	6:15-7:20
U12 Boys	1998-1999	T/Th	6:15-7:20
U12 Girls	1998-1999	M/W	6:15-7:20
U14 Boys	1996-1997	T/Th	7:30-8:45
U14 Girls	1996-1997	M/W	7:30-8:45
U16-18 Mixed	1992-1995	T/Th	7:30-8:45

Dates:

Season starts the end of April and ends towards the end of June.

Cost: \$105 for all programs – includes full uniform, wrap up and photos.

CMSA Program (U8 to U18)

Players can register with CWSC for the city-wide Calgary Minor Soccer Association (CMSA) League. The Calgary West Soccer Club will endeavor to place players at the appropriate level of play based on the number of players and conventional pyramid concepts as well as technical assessment and prior knowledge of player skills.

New this season is a U8 development CMSA league in a 4v4 (3v3 with keeper/sweeper) format, which will operate two seasons – spring and summer. The spring season will run from April 24 to June 26, with the summer season from July 21 to September 8. There will be a girls and boys division but no mixed division.

There will also be a **summer league for U10 teams** – same dates.

Players will register for the spring season, and during the registration process, will be able to indicate their interest in continuing for the summer season. Note you cannot play in the U8 or U10 summer league if you did not play in the spring league. CMSA is allowing recombined teams of players who played in the spring league.

We will open registration for the spring league in June. Team registration is by June 30, with schedules released by CMSA by the middle of July.

Try Outs dates for U10 – U18 will be: **(Note no try outs for U8)**

Session 1: Skills – March 22-24, 6-9 pm at the West Soccer Centre (to be confirmed)
Session 2: Games – March 27-28, 9 am-5pm at McMahon Stadium

Detailed schedules will be posted to the website and e-mailed out to all registrants closer to the date.

Teams will be formed by April 11.

The CMSA program features:

- Season starts late April and goes until the end of June/early July for Tiers 4-6 and U8 and U10 Development, as per CMSA schedules, with the U8 and U10s also having the opportunity to continue playing through the summer, from July 21 until September 8
- Tier 1-3 runs until late July/mid August as per CMSA schedules.
- Try Outs balancing independent and team coach evaluations with each player participating in 2 sessions
- Team support from the Head Coach to ensure as much support as possible for team coaches and to directly impact on team learning and performance during the season.
- Intensive CWSC-BFUT Coaching Development courses in the pre season (Level 4 - April 15,16,17 and Level 3 – April 18,19,20,21,22,23)
- Intensive Player Development clinics with BFUT.
- Academy for Tier 1-3 teams at extra cost with our Head Coaches (10 sessions of 1.5 hours each) Dates to be determined. Teams in Tier 3/4 seeding can choose to opt out if they expect to be Tier 4.
- Teams coached by Club Head Coaches opt out of Academy but must pay Head Coach Fees.
- Optional Academy for Tier 4-6 teams at extra cost with our Head Coaches (10 sessions of 1.5 hours each) Dates to be determined.
- CMSA league play as per CMSA schedules (2 games per week most weeks, but can vary depending on level and scheduling)
- Weekly team practices of 1.5 hours each or more based on team coaches.
- High quality ADIDAS Club Wear available at Kicks Sporting Goods.

Program Calendar

Note that there will no longer be a Fall Cup competition in September, and Inter-City competitions will be completed by July 18, 2010.

A copy of the complete CMSA Program Calendar can be found on our website at <http://www.calgarywestsoccer.com/storage/outdoor-2010/Program%20Calendar%20Outdoor%202010.pdf>

League Format

The same league Format as indoor 2009/10 will be used, with the designations of "Premier", "Competitive" and "Developmental" no longer be used by CMSA. Instead, CMSA will be using the designations of Tiers 1 (one) through 6 (six). The designations are comparable as follows:

Old System		New System
Premier 1,2 or 3	=	Tier 1,2 or 3
Comp A	=	Tier 4 or 5
Comp B	=	Tier 6
Developmental	=	U-10

Tier 1 - 4 qualify for Provincials
Tier 5 qualify for Inter- Cities
Tier 6 qualify for City finals

CMSA League Structure (Please note important changes in bold)

U8

1. **Game format will be 4v4 including a sweeper-keeper.**
2. **The spring league will start the week of April 24, CMSA will produce the schedule.**
3. **Games will probably be on Saturdays.**
4. **Entry into the CMSA U8 Mini-fest on June 6th is included (2 games on one day)**
5. **Teams will finish the season with a Wrap-up festival on June 26.**
6. **Team registration for the summer league is due by June 30, 2010. Players should indicate interest in registering for the summer league at the time of registration for the spring league.**
7. **Summer season: Games will be played on Wednesday evenings from July 21 to September 8.**
8. **Games will be in neighboring NW communities**

U10

1. **Scoring – website will only reflect wins and losses.**
2. League format will remain the same as previous seasons (Tiers A-C; seeding round and playoff round where possible; seeding round to be geographically based as much as possible)
3. U10 Tier A will be scheduled on Wednesday and Sunday. U10 Tier B will play on Mondays and Saturdays (except May 24 – games will be played on the 25th). U10 Tier C will play on Thursdays and Sundays.
4. **All U10 teams will be participating in the U10 Wrap-up Festival on June 26 and 27, 2010.**
5. **There will be no Fall Cup in September**
6. **U10s also have the option of playing in a summer league, from July 21 to Sept. 8**
7. **Team registration is due by June 30, 2010. Players should indicate interest in registering for the summer league at the time of registration for the spring league.**

U12

The CMSA U12 league will be going to an 8v8 format with the following format:

1. Tier I/II Seeding, Tier II/III Seeding, Tier III/IV Seeding, Tier V, Tier VI
2. U12 Tier I, II, III and IV – U12 will be split into a Tier I / II, Tier II / III and Tier III / IV seeding groups. Clubs are to make sure that teams they feel have a valid shot at a Tier I spot are placed into the

Tier I / II seeding group. Anyone can enter their team(s) into these groupings and rank each of their team (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, teams will advance to Tier I, II, III or IV playoffs. Again, the format will depend on the number of teams entered.

3. Tiers V and VI will play a seeding round and playoff round where possible
4. U12 Tier V will play on Wednesdays and Sundays. U12 Tier VI will play on Tuesdays and Saturdays
5. Tiers I-IV will play any day of the week.
6. **Tiers I-V will advance to some form of provincial competition, depending on the pending decision by ASA on the format for the U12 Provincials for the Outdoor 2010 season. Tier VI leads to Outdoor City Finals.**
7. **Tier VI City Finals will be held June 26 and 27, 2010.**
8. **There will be no Fall Cup in September.**

U12 Field Requirements

1. Dimensions
 - a. Length: 60 to 75 meters (with 75 being the ideal)
 - b. Width: 42 to 55 meters (with 55 being the ideal)
2. Goal size
 - a. Height: between 6ft and 6.5ft
 - b. Width: 18ft

U14-U18

1. Tier I, Tier II/III Seeding. Tier III/IV Seeding, Tier V, Tier VI
2. Tiers I-IV leads to Provincial Competition. Tier V leads to Inter-Cities, Tier VI leads to Outdoor City Finals
3. U14, U16 and U18 Tier II, III and IV - will be combined into Tier II / III and III / IV seeding groups. Anyone can enter their team(s) into these groupings and rank each of their teams (should they have more than one) to assist CMSA in trying to balance out the seeding groups. The seeding round format will depend on the number of teams entered into these groups. At the end of the seeding round, will advance to Tier II, III or IV playoffs. Again, the format will depend on the number of teams entered. At the end of season, the top finishers in Tier II, III and IV will advance to ASA provincials.
4. Tiers V and VI will play a seeding round and playoff round where possible.
5. Tier V and VI Teams will be entered into a seeding round in one of four Zones:
 - (1) Zone 1: Calgary North-West (West of Deerfoot Trail, North of the Bow River)
 - (2) Zone 2: Calgary West-Central (West of Deerfoot Trail, South of the Bow River, North of Glenmore Trail)
 - (3) Zone 3: Calgary North-East (East of Deerfoot Trail, North of Glenmore Trail)
 - (4) Zone 4: Calgary South (South of Glenmore Trail)
6. At the conclusion of the Seeding Rounds, teams will be grouped by level of competitiveness into City-Wide divisions.
7. For the Playoff Round, every attempt will be made to have teams play their games within their zone on weekdays, and limit cross-town travel to weekends.
8. U14 Tiers I-IV will play any day of the week.
9. U14 Tier V will play on Tuesdays and Saturdays. U14 Tier VI will play on Wednesdays and Sundays.
10. All U16 and U18 divisions will play any day of the week.
11. **Tier VI City Finals will be held June 26 and 27, 2010.**

12. **Inter Cities Championships will be held the weekend of July 17 and 18, 2010 rather than in September.**
13. **There will be no Fall Cup in September.**

CMSA Program Calendar Outdoor 2010

1. CMSA President’s Cup on the Victoria Day long weekend will include all U10 and U12 teams, as well as U14-U18 Tier III and Below (Calgary teams registered in Tier II/III seeding rounds are not eligible for this tournament)
2. CMSA Boys and Girls Tournaments – Will be combined this year the weekend of July 9-11, 2010. This tournament is for U14-U18 Tiers I-III teams.
3. CMSA U4/U6 Mini-fest will be held Saturday June 5, 2010.
4. CMSA U8 Mini-fest will be held Sunday, June 6, 2010.
5. Tier VI City Finals will be held June 26 and 27, 2010.
6. Inter Cities Championships will be held the weekend of July 17 and 18, rather than in September.

ASA Outdoor 2010 Provincial Dates

July 9-11, 2010 – all U12 and U14, U16, U18 Tier IV
 August 6-8, 2010 - U14, U16, U18 Tier III
 August 13-15, 2010 - U14, U16, U18 Tier II
 August 19-22, 2010 - U14, U16, U18 Tier I

OUTDOOR 2010

CWSC REGISTRATION DETAILS:

Age Groups and Registration Fees:

Age Group	Year of Birth	CMSA			ICHL
		Tier 1-6	Development	Optional Summer*	
U8	2002-2003		\$60.00	\$30.00	\$105.00
U10	2000-2001		\$150.00	\$30.00	\$105.00
U12	1998-1999	\$230.00			\$105.00
U14	1996-1997	\$270.00			\$105.00
U16	1994-1995	\$280.00			\$105.00
U18	1992-1993	\$280.00			\$105.00

- *Registration for summer will take place in June*

CMSA Program - Academy Fees (for top tier teams):

Age Group	# Sessions	Fee per player
U10 Tier A	5	\$120.00
U12+	10	\$175.00

CMSA Program – Head Coach Fees (for teams with paid Head Coaches):

Age Group	# Sessions	Fee per player
U10	2 games and 2 practices per week (April-June)	\$150.00
U12+	1 game and 2-3 practices per week (April-July/August)	\$300.00

Notes:

CMSA Tier 1-3 teams have mandatory Academy fees.

Teams in Tier 3/4 seeding may choose not to participate if they expect to be in Tier 4 in the playoff round.

Head Coach Fees takes the place of Academy fees. Teams that have Club Head Coaches as their team coaches (for example Inter, Santos, Torino) do not have to register for Academy Training but have to pay Head Coach fees.

Both are at additional cost, as outlined above.

Registration for both CMSA and ICHL programs runs from February 1 to March 1, 2010. Late fees of \$25 per registration apply as of March 2, and placement will not be guaranteed. Please access our online Registration link at <http://www.calgarywestsoccer.com/program-registration/> - opening February 1.

Fee Breakdown:

To help you understand what soccer registration fees for the **CMSA program** include, we are providing a breakdown. The big costs are the registration fees paid to **CMSA** for CMSA administration (i.e. schedules and fees to ASA) and for practice and game time on fields, referees, equipment, administration and technical development.

Age	CMSA Registration Fee	Fields	Referee Costs	Equipment*	Administration**	Technical***	Total	Fees	CWSC Subsidy
U10	\$46.27	\$22.68	\$8.28	\$33.47	\$55.20	\$40.45	\$206.35	\$150	\$56.35
U12	\$83.60	\$22.68	\$8.33	\$33.47	\$55.20	\$40.45	\$243.74	\$230	\$13.74
U14	\$133.93	\$22.68	\$19.35	\$33.47	\$55.20	\$40.45	\$305.09	\$260	\$35.09
U16	\$151.13	\$22.68	Included in CMSA fees	\$33.47	\$55.20	\$40.45	\$302.94	\$280	\$22.94
U18	\$148.41	\$22.68	Included in CMSA fees	\$33.47	\$55.20	\$40.45	\$300.62	\$280	\$20.62

* Does not include shorts for outdoor. Includes a CWSC training t-shirt for all players.

** Includes advertising, storage, administrator, on-line registration, data base, website, coach appreciation and tournament subsidies.

***Technical includes try outs and team formation, team based sessions, BFUT education support, coach development, and coach mentoring during the season.

Coach Development

For all prospective coaches, please note that coaching development sessions will be held on the **April 17/18** weekend and the following **April 18-23 week** at the Calgary West Soccer Centre.

U4-U8 HL coaches will participate in 3 hour Mini Clinics and will be provided with an age appropriate CWSC Coach Handbook with lesson plans. There will be eight U4/6/8/10/12+ sessions available to choose from over the course of the weekend (**April 17-18**).

ICHL (U8-16/18) coaches will have the choice of participating in the CWSC-BFUT Level 4 course on **April 15-17**. All coaches taking the BFUT Level 4 course will be provided with a BFUT Level 4 manual and access to the BFUT Level 4 Online Coach Resources.

CMSA Coaches are encouraged to attend both the BFUT Level 4 (**April 15-17**) and Level 3 Courses (**April 18-23**).

All courses are free of charge (covered by your community/club). Coaches should plan to attend - please mark these dates on your calendar. Details will be e-mailed to you and a schedule posted to the website closer to the time. **Coaches will be able to sign up online by April 1.**

If you wish to apply to coach with CWSC, please fill in a Coach Application Form, found on our website <http://www.calgarywestsoccer.com/coaches/> and send to coachapplication@calgarywestsoccer.com

Try Out and Team Formation Protocol – CMSA League (U10-U18)

Note no try outs for U8.

Try outs will be conducted for the CMSA U10 to U18 players. Team formation is completed twice annually in March-April and September-October. Team formation will be based on:

- Try out evaluations
- Ongoing assessment at the level of play in which players compete.
- Team/Coach Player/Team Evaluations

Players who have registered but who have not paid for, or made alternate arrangements to pay, their registration fees and/or their community membership will not be allowed to try out.

Try Out Protocol

Principles

Five main principles underpin the Try Out and Team Formation format:

1. The need for **unbiased evaluations** for all players
2. The need for **coach input** into the evaluation process – coaches are very familiar with player skills, attitudes and experience and want to be involved in selecting the players they coach.
3. The need for **sufficient quantity** of evaluations – the number of evaluators will be increased.
4. The need for a **variety of skills sets** evaluated - players will be evaluated on a combination of both technical skills and tactical ability. The execution of technical skills will be evaluated under pressure, in game situations.
5. The need for **pre determined grouping** of players – players will be pre-grouped for all sessions, rather than randomly placed. First session placements will be based on Team/Player Evaluations, ongoing

assessment at the level of play in which players compete, and choice of level of play by the player at registration. Second session groupings will be based on first session evaluation results.

The Try Out Format will balance all of the above principles to ensure fair assessments of player abilities.

Process

1. Team Coaches submit Team/Player Evaluations
2. Head Coach assesses players on ongoing basis at the level the player is playing
3. Head Coach groups players according to above assessments
4. Session 1 - Independent Evaluators assess players
5. Head Coach regroups players for Session 2
6. Session 2 - Independent Evaluators and Age Group Coaches evaluate players and place players into appropriate number of teams per age/gender group and by position.
7. Head Coach makes final team formation.

Summary

Session	Location	Length of Session	Skill	Evaluators	Groupings
Session 1	Indoor Facility	1.5 hours	Skills sessions	Independent	Pre-selected by Head Coach based on Coach input, ongoing Head Coach assessment, and registration
Groupings for Session made by Head Coach					
Session 2	Outdoor Field	1 hour	Full sided games	Independent and Age Group Coaches	Determined from Session 1 results
Each Evaluator – Independent and Age Group Coaches - make team selection Head Coach assesses each Evaluator’s team selection and finalizes team formation.					